

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Women 16-17 800 Meter Run

=====				
Name	Age	Team	Finals	
=====				
Finals				
1	176	Zaal, Kylie	16 Comox Valley	3:05.98
2	289	Hoffman, Victoria	16 Nanaimo & Di	3:18.86

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Women 18-19 800 Meter Run

=====				
Name	Age	Team	Finals	
=====				
1	139	Galik, Madelaine	18 Comox Valley	2:46.00

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Men 16-17 800 Meter Run

=====				
	Name	Age	Team	Finals
=====				
1	218 Beaudoin, Rhys	16	Nanaimo & Di	2:02.47
2	245 Nixon, Lorenzo	17	Nanaimo & Di	2:16.57
3	110 Carson, Quinn	17	Brooks Secondary	2:28.94

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Men 18-19 800 Meter Run

=====				
Name	Age	Team	Finals	
=====				
1	230	Galloway, Nolan	18 Nanaimo & Di	2:00.98

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Men 35-39 800 Meter Run

=====			
Name	Age	Team	Finals
=====			
1	284	Winkler, Matthew	36 Unattached B 2:01.65

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Men 45-49 800 Meter Run

=====			
Name	Age	Team	Finals
=====			
1	256	Sinclair, Peter	48 Nanaimo & Di 2:09.21

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 1 Men 80-84 800 Meter Run

=====			
Name	Age	Team	Finals
=====			
1	283	Stewart, Mark	80 Unattached B 3:13.62

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 2 Mixed 14-15 800 Meter Run

=====				
Name		Age	Team	Finals
=====				
1	111 Dominelli, Joseph	M15	Brooks Secondary	2:25.15
2	243 Morse, Griffin	M15	Nanaimo & Di	2:25.43
3	255 Sinclair, Oliver	M14	Nanaimo & Di	2:38.59
4	116 Nordman, Tea	W14	Brooks Secondary	2:48.12

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 3 Girls 12 800 Meter Run

=====					
Name	Age	Team	Finals	H#	
=====					
1	158	Schmidt, Avery	12 Comox Valley	2:41.65	2
2	211	Wismer, Stella	12 Cowichan Val	2:56.10	2
3	254	Shimek, Jada	12 Nanaimo & Di	2:58.89	2
4	132	Condly, Ilan	12 Comox Valley	3:04.88	2
5	172	Weber, Carla	12 Comox Valley	3:41.02	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 3 Girls 13 800 Meter Run

=====				
	Name	Age	Team	Finals
=====				
1	248 Reilly, Brynne	13	Nanaimo & Di	2:46.86
2	235 Hill, Katie	13	Nanaimo & Di	2:47.09
3	217 Argyle-Anderson, E	13	Nanaimo & Di	2:56.82
4	128 MacKenzie, Makayla	13	Campbell Riv	2:57.65
5	241 Linder, Elizabeth	13	Nanaimo & Di	2:57.79
6	223 Clarke, Rowan	13	Nanaimo & Di	3:02.73
7	203 Smith, Phoebe	13	Cowichan Val	3:06.46
8	192 Gudmundseth, Maggi	13	Cowichan Val	3:17.29
9	207 Valastiak, Alica	13	Cowichan Val	3:20.63
10	123 Guthrie, Alivia	13	Campbell Riv	3:24.48

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 3 Boys 12 800 Meter Run

=====					
	Name	Age	Team	Finals	H#
=====					
1	103 Masa, Austin	12	Alberni Vall	2:51.65	2
2	107 Pritchard, Pace	12	Alberni Vall	2:58.71	2
3	198 McCauley, Patrick	12	Cowichan Val	2:58.73	2

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 4 Women 16-17 100 Meter Dash

=====					
	Name	Age	Team	Finals	Wind
=====					
1	216 Adegbola, Ooreoluw	17	Nanaimo & Di	13.89	0.3
2	101 Gill, Aanya Amber	16	Alberni Vall	13.93	0.3
3	127 Lanyon, Evaye	16	Campbell Riv	14.49	0.3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 4 Women 18-19 100 Meter Dash

=====				
Name	Age	Team	Finals	Wind
=====				
1	140	Hoffman, Elisabeth	18 Comox Valley	13.67 0.3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 4 Women 35-39 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind		
=====						
1	134	Donner, Claire	35	Comox Valley	14.04	0.3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 4 Women 65-69 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind		
=====						
1	219	Bonin, Denise	68	Nanaimo & Di	17.64	0.3

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 4 Men 16-17 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 105 Mitchell, Riley	17	Alberni Vall	11.92	-0.1	2
2 214 Acosta, Lucas	16	Nanaimo & Di	11.97	-0.1	2
3 117 Roberts, Anthony	16	Brooks Secondary	12.82	-0.1	2
4 102 Ingalls, Cohen	16	Alberni Vall	13.15	-0.1	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 4 Men 55-59 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	258	Stewart, Matthew	56	Nanaimo & Di	14.48	-0.1 2

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 5 Mixed 14-15 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 246 Ohiaeri, Chinazor	M15	Nanaimo & Di	12.92	0.4	2
2 242 Miller, Mason	M15	Nanaimo & Di	13.24	0.4	2
3 286 Clark, Miguel	M14	Unattached B	13.32	-1.4	1
4 240 Kolen-Lee, Jonah	M14	Nanaimo & Di	13.93	0.4	2
5 115 Morton, Harper	M15	Brooks Secondary	14.29	0.4	2
6 215 Adegbola, Oluwagbe	W14	Nanaimo & Di	14.47	-1.4	1
7 109 Browne, Leander	M15	Brooks Secondary	14.50	0.4	2
8 177 Ball, Caitlyn	W14	Cowichan Val	15.19	-1.4	1
9 149 Monjo, Lily	W14	Comox Valley	15.25	-1.4	1
10 129 Ntalintumire, Anni	W15	Campbell Riv	15.33	0.4	2
11 165 Suppiah, Ella	W14	Comox Valley	16.04	-1.4	1

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 6 Girls 12 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	186	Erickson, Sydnee	12	Cowichan Val	15.28	-0.6 6
2	136	Dupuis, Harley	12	Comox Valley	15.44	-0.1 5
3	211	Wismer, Stella	12	Cowichan Val	15.56	-0.1 5
4	273	Procter, Abbie	12	Oceanside Tr	15.70	-0.1 5
5	158	Schmidt, Avery	12	Comox Valley	15.95	-0.1 5
6	174	Wesner, Meadow	12	Comox Valley	16.77	-0.1 5
7	172	Weber, Carla	12	Comox Valley	17.62	-0.6 6
8	120	Engel, Ivy	12	Campbell Riv	19.31	-0.6 6
9	234	Hawamdeh, Leena	12	Nanaimo & Di	21.74	-0.6 6

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 6 Girls 13 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 261 Webber, Skyla	13	Nanaimo & Di	14.26	+0.0	2
2 241 Linder, Elizabeth	13	Nanaimo & Di	14.63	+0.0	2
3 213 Brown, Dana	13	Henderson El	14.85	-0.6	3
4 248 Reilly, Brynne	13	Nanaimo & Di	15.00	-0.6	3
5 184 De Cunha, Emma-Lin	13	Cowichan Val	15.15	1.0	1
6 170 Van Zanden, Molly	13	Comox Valley	15.22	+0.0	2
7 178 Bazylinski, Saylor	13	Cowichan Val	15.28	1.0	1
8 203 Smith, Phoebe	13	Cowichan Val	16.10	1.0	1
9 269 Hebb, Payton	13	Oceanside Tr	16.20	1.0	1
10 217 Argyle-Anderson, E	13	Nanaimo & Di	16.24	1.0	1
11 125 Konkell, Selah	13	Campbell Riv	16.27	+0.0	2
12 223 Clarke, Rowan	13	Nanaimo & Di	16.35	-0.6	3
13 182 Cheema, Miri Liv	13	Cowichan Val	16.69	+0.0	2
14 192 Gudmundseth, Maggi	13	Cowichan Val	16.96	+0.0	2
15 122 Griffiths, Frankie	13	Campbell Riv	18.62	1.0	1
16 123 Guthrie, Alivia	13	Campbell Riv	19.21	-0.6	3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 6 Boys 12 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	155	Rose, Gavin	12	Comox Valley	15.08	0.1 8
2	179	Belleville, Landon	12	Cowichan Val	15.54	0.1 8
3	103	Masa, Austin	12	Alberni Vall	15.94	0.1 8
4	107	Pritchard, Pace	12	Alberni Vall	16.21	0.1 8
5	280	Williamson, Rowan	12	Oceanside Tr	16.82	-2.6 7
6	198	McCauley, Patrick	12	Cowichan Val	17.40	-2.6 7
7	279	Williamson, Dryden	12	Oceanside Tr	18.34	-2.6 7

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 6 Boys 13 100 Meter Dash

=====						
	Name	Age	Team	Finals	Wind	H#
=====						
1	252 Ryan, Ben	13	Nanaimo & Di	14.07	0.1	4
2	288 Clark, Xavier	13	Unattached B	14.92	0.1	4
3	153 Pendak, Owen	13	Comox Valley	15.30	0.1	4
4	278 Willers, Gabriel	13	Oceanside Tr	15.31	0.1	4
5	272 Pastuck, Liam	13	Oceanside Tr	15.43	0.1	4
6	157 Ruhstaller, Sean	13	Comox Valley	16.21	0.1	4
7	163 Smit, Johannes	13	Comox Valley	18.30	0.1	4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Girls 9 100 Meter Dash

=====					
Name	Age	Team	Finals	Wind	H#
=====					
1	285	Clark, Adriana	9	Unattached B	18.79 -2.6 8
2	190	Grieve, Obeline	9	Cowichan Val	19.27 -2.6 8
3	164	Smit, Mia	9	Comox Valley	20.27 -2.6 8
4	231	Gilbert, Hana	9	Nanaimo & Di	20.73 -2.6 8
5	196	Maccullough, Eva	9	Cowichan Val	20.78 -2.6 8

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Girls 10 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	145	Lewis, Emmy	10	Comox Valley	16.65	-1.5 5
2	143	Kanary, Eastyn	10	Comox Valley	17.98	-1.5 5
3	169	Van Tongeren, Stel	10	Comox Valley	18.02	-1.5 5
4	126	Lanyon, Angelica	10	Campbell Riv	18.03	-1.5 5
5	188	Gaven, Ava	10	Cowichan Val	18.85	-1.5 5

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Girls 11 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 263 Atkinson, Abigail	11	Oceanside Tr	14.65	-1.3	1
2 144 Klassen, Rhea	11	Comox Valley	16.21	-1.3	1
3 199 McMillan, Finn (Fi	11	Cowichan Val	16.45	-1.3	1
4 191 Gudmundseth, Carly	11	Cowichan Val	16.53	-0.3	2
5 206 Vaisius, Nadia	11	Cowichan Val	16.92	-0.3	2
6 275 Provoost, Hannah	11	Oceanside Tr	17.01	-0.3	2
7 226 Dickson, Amelia	11	Nanaimo & Di	17.16	-1.3	1
8 222 Capadouca, Stevie	11	Nanaimo & Di	17.56	-1.3	1
9 205 Tyler, Lottie	11	Cowichan Val	17.61	-0.3	2
10 104 Messenger, Ruby	11	Alberni Vall	17.71	-0.3	2
11 262 Zhang, Chloe	11	Nanaimo & Di	17.95	-1.3	1
12 249 Reilly, Caylen	11	Nanaimo & Di	18.10	-0.3	2
13 270 Hunter, Matilda	11	Oceanside Tr	18.52	-1.3	1
14 147 Malapanis, Evelyn	11	Comox Valley	19.33	-1.3	1

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Boys 9 100 Meter Dash

=====					
Name	Age	Team	Finals	Wind	H#
=====					
1	180	Cheema, Avtar	9	Cowichan Val	18.90 -2.2 9
2	265	Barlow, Easton	9	Oceanside Tr	19.29 -2.2 9
3	227	Dickson, Marcus	9	Nanaimo & Di	20.25 -2.2 9
4	168	Upson, Huxley	9	Comox Valley	20.81 -2.2 9

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Boys 10 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 244 Newstone, Chase	10	Nanaimo & Di	16.09	-1.4	6
2 253 Ryan, Owen	10	Nanaimo & Di	16.33	-1.4	7
3 202 Salmon, Jaden	10	Cowichan Val	16.40	-1.4	7
4 260 Webber, Israel	10	Nanaimo & Di	16.58	-1.4	6
5 224 Clarke, Sawyer	10	Nanaimo & Di	16.70	-1.4	6
6 141 Hoselton, Henry	10	Comox Valley	16.90	-1.4	6
7 166 Taylor, Jackson	10	Comox Valley	16.94	-1.4	6
8 210 Wismer, Niall	10	Cowichan Val	17.16	-1.4	7
9 201 Phillips, Henry	10	Cowichan Val	17.17	-1.4	6
10 220 Briese, Luke	10	Nanaimo & Di	17.44	-1.4	6
11 221 Capadouca, River	10	Nanaimo & Di	17.61	-1.4	7
12 277 Willers, Caleb	10	Oceanside Tr	17.62	-1.4	7
13 208 Valastiak, Elijah	10	Cowichan Val	18.00	-1.4	7
14 290 Todd, Lachlan	10	Oceanside Tr	19.13	-1.4	7

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 7 Boys 11 100 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	130	Rentiers, William	11	Campbell Riv	15.11	-0.5 4
2	287	Clark, Rafael	11	Unattached B	15.69	-0.5 4
3	193	Jadan, Owen	11	Cowichan Val	15.73	-2.0 3
4	271	Luksay, Thomas	11	Oceanside Tr	15.79	-2.0 3
5	197	Maccullough, Jake	11	Cowichan Val	15.81	-0.5 4
6	264	Baetz, Andrew	11	Oceanside Tr	16.17	-2.0 3
7	187	Fast, Xavier	11	Cowichan Val	16.28	-0.5 4
8	100	Dornan, O'Brian	11	Alberni Vall	16.50	-0.5 4
9	204	Smith, Sebastian	11	Cowichan Val	16.64	-0.5 4
10	229	Dunnett, Cedar	11	Nanaimo & Di	16.76	-2.0 3
11	137	Fiander, Finnley	11	Comox Valley	17.01	-0.5 4
12	121	Griffiths, Brody	11	Campbell Riv	18.07	-2.0 3
13	183	Daigle, Sebastien	11	Cowichan Val	20.83	-2.0 3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Women 16-17 400 Meter Dash

=====			
	Name	Age Team	Finals
=====			
1	173 Wesner, Maile	16 Comox Valley	1:03.13
2	101 Gill, Aanya Amber	16 Alberni Vall	1:06.99
3	176 Zaal, Kylie	16 Comox Valley	1:09.49

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Women 50-54 400 Meter Dash

=====			
Name	Age	Team	Finals
=====			
1	232	Gilbert, Laura	51 Nanaimo & Di 1:06.61

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Men 16-17 400 Meter Dash

=====				
	Name	Age	Team	Finals H#
=====				
1	105 Mitchell, Riley	17	Alberni Vall	54.87 2
2	112 Hull, Ethan	17	Brooks Secondary	55.45 2
3	214 Acosta, Lucas	16	Nanaimo & Di	55.52 2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Men 35-39 400 Meter Dash

=====				
Name	Age	Team	Finals	H#
=====				
1	284	Winkler, Matthew	36 Unattached B	53.02 2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Men 40-44 400 Meter Dash

=====						
Name	Age	Team	Finals	H#		
=====						
1	194	Jadan, Patrick	40	Cowichan Val	1:05.00	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Men 45-49 400 Meter Dash

=====					
	Name	Age	Team	Finals	H#
=====					
1	256 Sinclair, Peter	48	Nanaimo & Di	59.23	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 8 Men 80-84 400 Meter Dash

=====				
Name	Age	Team	Finals	H#
=====				
1	283	Stewart, Mark	80 Unattached B	1:23.93 2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 9 Mixed 14-15 300 Meter Dash

=====				
Name		Age	Team	Finals
=====				
1	162 Smallacombe, Simon	M15	Comox Valley	39.07
2	286 Clark, Miguel	M14	Unattached B	41.96
3	240 Kolen-Lee, Jonah	M14	Nanaimo & Di	45.73
4	115 Morton, Harper	M15	Brooks Secondary	48.18
5	255 Sinclair, Oliver	M14	Nanaimo & Di	48.93

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 10 Girls 12 300 Meter Dash

=====					
	Name	Age	Team	Finals	H#
=====					
1	158 Schmidt, Avery	12	Comox Valley	50.55	3
2	132 Condly, Ilan	12	Comox Valley	57.53	3
3	172 Weber, Carla	12	Comox Valley	59.91	3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 10 Girls 13 300 Meter Dash

=====				
	Name	Age	Team	Finals
=====				
1	235 Hill, Katie	13	Nanaimo & Di	49.21
2	128 MacKenzie, Makayla	13	Campbell Riv	51.71
3	203 Smith, Phoebe	13	Cowichan Val	54.00
4	182 Cheema, Miri Liv	13	Cowichan Val	55.83
5	269 Hebb, Payton	13	Oceanside Tr	56.73

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 10 Boys 12 300 Meter Dash

=====					
Name	Age	Team	Finals	H#	
=====					
1	103	Masa, Austin	12 Alberni Vall	51.81	4
2	198	McCauley, Patrick	12 Cowichan Val	53.98	4
3	107	Pritchard, Pace	12 Alberni Vall	57.05	4
4	266	Binder, Declan	12 Oceanside Tr	59.72	4
5	279	Williamson, Dryden	12 Oceanside Tr	1:06.31	4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 10 Boys 13 300 Meter Dash

=====				
	Name	Age	Team	Finals H#
=====				
1	252 Ryan, Ben	13	Nanaimo & Di	49.64 2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 11 Girls 9 600 Meter Run

=====					
	Name	Age	Team	Finals	H#
=====					
1	164 Smit, Mia	9	Comox Valley	2:27.35	4
2	196 Maccullough, Eva	9	Cowichan Val	2:51.01	4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 11 Girls 10 600 Meter Run

=====					
	Name	Age	Team	Finals	H#
=====					
1	236 Jaworski, Hannah	10	Nanaimo & Di	2:11.66	3
2	169 Van Tongeren, Stel	10	Comox Valley	2:19.40	3
3	188 Gaven, Ava	10	Cowichan Val	2:29.61	3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 11 Girls 11 600 Meter Run

=====			
Name	Age	Team	Finals
=====			
1	263	Atkinson, Abigail	11 Oceanside Tr 2:01.74
2	144	Klassen, Rhea	11 Comox Valley 2:05.98
3	191	Gudmundseth, Carly	11 Cowichan Val 2:10.73
4	199	McMillan, Finn (Fi	11 Cowichan Val 2:13.15
5	104	Messenger, Ruby	11 Alberni Vall 2:15.25
6	222	Capadouca, Stevie	11 Nanaimo & Di 2:18.66
7	226	Dickson, Amelia	11 Nanaimo & Di 2:26.15
8	249	Reilly, Caylen	11 Nanaimo & Di 2:27.24
9	262	Zhang, Chloe	11 Nanaimo & Di 2:30.68
10	205	Tyler, Lottie	11 Cowichan Val 2:33.72
11	147	Malapanis, Evelyn	11 Comox Valley 2:39.28

**2024 Comox Icebreaker
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Results**

Event 11 Boys 9 600 Meter Run

=====					
	Name	Age	Team	Finals	H#
=====					
1	259 Tripathi, Nirvaan	9	Nanaimo & Di	2:14.87	4
2	227 Dickson, Marcus	9	Nanaimo & Di	2:18.48	4
3	180 Cheema, Avtar	9	Cowichan Val	2:27.32	4
4	168 Upson, Huxley	9	Comox Valley	2:45.12	4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 11 Boys 10 600 Meter Run

=====					
Name	Age	Team	Finals	H#	
=====					
1	221	Capadouca, River	10	Nanaimo & Di	2:04.12 3
2	201	Phillips, Henry	10	Cowichan Val	2:06.58 3
3	244	Newstone, Chase	10	Nanaimo & Di	2:08.00 3
4	202	Salmon, Jaden	10	Cowichan Val	2:14.33 3
5	166	Taylor, Jackson	10	Comox Valley	2:16.84 3
6	277	Willers, Caleb	10	Oceanside Tr	2:19.45 3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 11 Boys 11 600 Meter Run

=====					
Name	Age	Team	Finals	H#	
=====					
1	130	Rentiers, William	11 Campbell Riv	2:03.70	2
2	181	Cheema, Bakshish	11 Cowichan Val	2:04.67	2
3	193	Jadan, Owen	11 Cowichan Val	2:04.86	2
4	197	Maccullough, Jake	11 Cowichan Val	2:05.50	2
5	264	Baetz, Andrew	11 Oceanside Tr	2:06.08	2
6	229	Dunnett, Cedar	11 Nanaimo & Di	2:08.84	2
7	212	Wright, Logan	11 Cowichan Val	2:14.88	2
8	121	Griffiths, Brody	11 Campbell Riv	2:17.66	2
9	187	Fast, Xavier	11 Cowichan Val	2:19.45	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 12 Women 16-17 200 Meter Dash

=====					
Name	Age	Team	Finals	Wind	
=====					
1	173	Wesner, Maile	16	Comox Valley	27.83 1.0
2	138	Galik, Gillian	16	Comox Valley	29.54 1.0
3	176	Zaal, Kylie	16	Comox Valley	29.75 1.0
4	101	Gill, Aanya Amber	16	Alberni Vall	29.80 1.0
5	118	Alguire, Rachel	16	Campbell Riv	34.36 1.0

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 12 Women 50-54 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind		
=====						
1	232	Gilbert, Laura	51	Nanaimo & Di	29.01	1.0

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 12 Men 16-17 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	112	Hull, Ethan	17 Brooks Secondary	25.14	+0.0	2
2	102	Ingalls, Cohen	16 Alberni Vall	26.20	+0.0	2
3	110	Carson, Quinn	17 Brooks Secondary	27.00	+0.0	2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 12 Men 40-44 200 Meter Dash

=====					
Name	Age	Team	Finals	Wind	H#
=====					
1	194	Jadan, Patrick	40	Cowichan Val	28.70 +0.0 2

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 13 Mixed 14-15 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	162	Smallacombe, Simon	M15 Comox Valley	25.35	-0.2	1
2	111	Dominelli, Joseph	M15 Brooks Secondary	28.47	-0.2	1
3	286	Clark, Miguel	M14 Unattached B	28.48	-1.4	2
4	240	Kolen-Lee, Jonah	M14 Nanaimo & Di	28.93	-1.4	2
5	129	Ntalintumire, Anni	W15 Campbell Riv	32.79	-0.2	1

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Girls 11 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	144	Klassen, Rhea	11	Comox Valley	34.09	-1.5 6
2	199	McMillan, Finn (Fi	11	Cowichan Val	34.14	-0.5 5
3	191	Gudmundseth, Carly	11	Cowichan Val	35.04	-0.5 5
4	206	Vaisius, Nadia	11	Cowichan Val	35.92	-0.5 5
5	222	Capadouca, Stevie	11	Nanaimo & Di	37.71	-1.5 6
6	104	Messenger, Ruby	11	Alberni Vall	38.54	-1.5 6
7	249	Reilly, Caylen	11	Nanaimo & Di	39.21	-1.5 6
8	147	Malapanis, Evelyn	11	Comox Valley	40.92	-0.5 5

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Girls 12 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	158	Schmidt, Avery	12	Comox Valley	32.89	-1.5 3
2	211	Wismer, Stella	12	Cowichan Val	34.04	-1.5 3
3	254	Shimek, Jada	12	Nanaimo & Di	35.40	-1.5 3
4	132	Condly, Ilan	12	Comox Valley	36.51	-1.5 3
5	172	Weber, Carla	12	Comox Valley	37.48	-1.5 3

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Girls 13 200 Meter Dash

=====					
Name	Age	Team	Finals	Wind	
=====					
1	261	Webber, Skyla	13	Nanaimo & Di	30.29 -0.6
2	248	Reilly, Brynne	13	Nanaimo & Di	31.20 -0.6
3	178	Bazylinski, Saylor	13	Cowichan Val	31.93 -0.6
4	235	Hill, Katie	13	Nanaimo & Di	31.96 -0.6
5	182	Cheema, Miri Liv	13	Cowichan Val	35.20 -0.6
6	192	Gudmundseth, Maggi	13	Cowichan Val	35.47 -0.6

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Boys 11 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	197	Maccullough, Jake	11	Cowichan Val	31.95	-0.1 8
2	193	Jadan, Owen	11	Cowichan Val	32.10	-0.4 7
3	287	Clark, Rafael	11	Unattached B	33.88	-0.4 7
4	181	Cheema, Bakshish	11	Cowichan Val	34.15	-0.4 7
5	225	Densmore, Mason	11	Nanaimo & Di	34.22	-0.4 7
6	212	Wright, Logan	11	Cowichan Val	34.32	-0.1 8
7	204	Smith, Sebastian	11	Cowichan Val	34.41	-0.1 8
8	229	Dunnett, Cedar	11	Nanaimo & Di	35.04	-0.4 7
9	187	Fast, Xavier	11	Cowichan Val	35.81	-0.4 7

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Boys 12 200 Meter Dash

=====						
Name	Age	Team	Finals	Wind	H#	
=====						
1	175	Zaal, Carter	12	Comox Valley	31.40	-0.4 4
2	103	Masa, Austin	12	Alberni Vall	32.48	-0.4 4
3	179	Belleville, Landon	12	Cowichan Val	32.68	-0.4 4
4	107	Pritchard, Pace	12	Alberni Vall	35.00	-0.4 4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 14 Boys 13 200 Meter Dash

=====					
Name	Age	Team	Finals	Wind	H#
=====					
1	252	Ryan, Ben	13	Nanaimo & Di	29.66 NWI 2
2	288	Clark, Xavier	13	Unattached B	31.41 NWI 2
3	153	Pendak, Owen	13	Comox Valley	31.57 NWI 2
4	272	Pastuck, Liam	13	Oceanside Tr	32.54 NWI 2

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 15 Girls 9 60 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 285 Clark, Adriana	9	Unattached B	10.82	NWI	8
2 231 Gilbert, Hana	9	Nanaimo & Di	12.01	NWI	8
3 164 Smit, Mia	9	Comox Valley	12.04	NWI	8
4 196 Maccullough, Eva	9	Cowichan Val	12.22	NWI	8

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 15 Girls 10 60 Meter Dash

=====					
Name	Age	Team	Finals	Wind	H#
=====					
1	145	Lewis, Emmy	10.31	NWI	5
2	236	Jaworski, Hannah	10.65	NWI	5
3	143	Kanary, Eastyn	10.90	NWI	5
4	119	Dougherty, Amelia	11.12	NWI	5
5	188	Gaven, Ava	12.18	NWI	5

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 15 Girls 11 60 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 263 Atkinson, Abigail	11	Oceanside Tr	9.44	NWI	1
2 144 Klassen, Rhea	11	Comox Valley	10.25	NWI	2
3 191 Gudmundseth, Carly	11	Cowichan Val	10.35	NWI	1
4 199 McMillan, Finn (Fi	11	Cowichan Val	10.45	NWI	1
5 206 Vaisius, Nadia	11	Cowichan Val	10.52	NWI	2
6 275 Provoost, Hannah	11	Oceanside Tr	10.60	NWI	1
7 104 Messenger, Ruby	11	Alberni Vall	10.92	NWI	1
8 222 Capadouca, Stevie	11	Nanaimo & Di	11.02	NWI	2
9 205 Tyler, Lottie	11	Cowichan Val	11.13	NWI	1
10 249 Reilly, Caylen	11	Nanaimo & Di	11.39	NWI	2
11 147 Malapanis, Evelyn	11	Comox Valley	12.09	NWI	1

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 15 Boys 9 60 Meter Dash

=====					
	Name	Age	Team	Finals	Wind H#
=====					
1	180 Cheema, Avtar	9	Cowichan Val	10.97	NWI 9
2	265 Barlow, Easton	9	Oceanside Tr	10.98	NWI 9
3	227 Dickson, Marcus	9	Nanaimo & Di	11.70	NWI 9
4	168 Upson, Huxley	9	Comox Valley	12.74	NWI 9

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 15 Boys 10 60 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 202 Salmon, Jaden	10	Cowichan Val	9.97	NWI	7
2 260 Webber, Israel	10	Nanaimo & Di	10.00	NWI	6
3 210 Wismer, Niall	10	Cowichan Val	10.09	NWI	7
4 224 Clarke, Sawyer	10	Nanaimo & Di	10.19	NWI	7
5 166 Taylor, Jackson	10	Comox Valley	10.41	NWI	6
6 220 Briese, Luke	10	Nanaimo & Di	10.58	NWI	6
7 201 Phillips, Henry	10	Cowichan Val	10.58	NWI	6
8 277 Willers, Caleb	10	Oceanside Tr	10.69	NWI	7
9 221 Capadouca, River	10	Nanaimo & Di	10.73	NWI	7
10 208 Valastiak, Elijah	10	Cowichan Val	11.57	NWI	6

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 15 Boys 11 60 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 130 Rentiers, William	11	Campbell Riv	9.39	NWI	4
2 193 Jadan, Owen	11	Cowichan Val	9.58	NWI	4
3 271 Luksay, Thomas	11	Oceanside Tr	9.70	NWI	3
4 197 Maccullough, Jake	11	Cowichan Val	9.84	NWI	3
5 187 Fast, Xavier	11	Cowichan Val	10.05	NWI	3
6 100 Dornan, O'Brian	11	Alberni Vall	10.14	NWI	3
7 181 Cheema, Bakshish	11	Cowichan Val	10.27	NWI	3
8 225 Densmore, Mason	11	Nanaimo & Di	10.30	NWI	3
8 229 Dunnett, Cedar	11	Nanaimo & Di	10.30	NWI	4
10 204 Smith, Sebastian	11	Cowichan Val	10.46	NWI	3
11 137 Fiander, Finnley	11	Comox Valley	10.58	NWI	4
12 121 Griffiths, Brody	11	Campbell Riv	10.69	NWI	4

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 20 Mixed 9 Year Olds High Jump

=====			
Name	Age	Team	Finals
=====			
1	265	Barlow, Easton	M9 Oceanside Tr 0.90m
2	171	Van Zanden, Shane	M9 Comox Valley 0.85m
3	180	Cheema, Avtar	M9 Cowichan Val J0.85m
4	168	Upton, Huxley	M9 Comox Valley 0.75m
5	227	Dickson, Marcus	M9 Nanaimo & Di J0.75m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 21 Girls 10 High Jump

=====				
Name	Age	Team	Finals	
=====				
-- 143	Kanary,	Eastyn	10 Comox Valley	NH

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 21 Girls 11 High Jump

=====			
	Name	Age Team	Finals
=====			
1	144 Klassen, Rhea	11 Comox Valley	1.05m
2	104 Messenger, Ruby	11 Alberni Vall	1.00m
3	147 Malapanis, Evelyn	11 Comox Valley	0.95m
4	222 Capadouca, Stevie	11 Nanaimo & Di	0.90m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 21 Boys 10 High Jump

=====			
Name	Age	Team	Finals
=====			
1	208	Valastiak, Elijah	10 Cowichan Val 1.25m
2	260	Webber, Israel	10 Nanaimo & Di 1.00m
3	166	Taylor, Jackson	10 Comox Valley 0.95m
4	201	Phillips, Henry	10 Cowichan Val J0.95m
5	244	Newstone, Chase	10 Nanaimo & Di 0.90m
6	141	Hoselton, Henry	10 Comox Valley J0.90m
7	221	Capadouca, River	10 Nanaimo & Di 0.85m
8	277	Willers, Caleb	10 Oceanside Tr J0.85m
9	290	Todd, Lachlan	10 Oceanside Tr J0.85m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 21 Boys 11 High Jump

=====			
Name	Age	Team	Finals
=====			
1	271	Luksay, Thomas	11 Oceanside Tr 1.10m
1	267	Donohoe, James	11 Oceanside Tr 1.10m
3	225	Densmore, Mason	11 Nanaimo & Di J1.10m
3	204	Smith, Sebastian	11 Cowichan Val J1.10m
5	187	Fast, Xavier	11 Cowichan Val 1.05m
6	229	Dunnett, Cedar	11 Nanaimo & Di 0.90m
7	193	Jadan, Owen	11 Cowichan Val J0.90m
8	264	Baetz, Andrew	11 Oceanside Tr 0.85m
9	137	Fiander, Finnley	11 Comox Valley J0.85m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 22 Girls 12 High Jump

=====				
Name	Age	Team	Finals	
=====				
1	186	Erickson, Sydnee	12 Cowichan Val	1.35m
2	158	Schmidt, Avery	12 Comox Valley	1.20m
3	211	Wismer, Stella	12 Cowichan Val	1.15m
4	174	Wesner, Meadow	12 Comox Valley	1.05m
5	132	Condly, Ilan	12 Comox Valley	1.00m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 22 Girls 13 High Jump

=====					
Name	Age	Team	Finals		
=====					
1	170	Van Zanden, Molly	13	Comox Valley	1.35m
2	235	Hill, Katie	13	Nanaimo & Di	J1.35m
3	261	Webber, Skyla	13	Nanaimo & Di	1.30m
4	128	MacKenzie, Makayla	13	Campbell Riv	1.25m
5	148	Malapanis, Sage	13	Comox Valley	1.15m
6	207	Valastiak, Alica	13	Cowichan Val	J1.15m
7	184	De Cunha, Emma-Lin	13	Cowichan Val	J1.15m
8	269	Hebb, Payton	13	Oceanside Tr	1.10m
8	223	Clarke, Rowan	13	Nanaimo & Di	1.10m
10	178	Bazylnski, Saylor	13	Cowichan Val	1.00m
--	182	Cheema, Miri Liv	13	Cowichan Val	NH
--	237	Jeffries, Lila	13	Nanaimo & Di	NH
--	192	Gudmundseth, Maggi	13	Cowichan Val	NH

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 22 Boys 12 High Jump

=====			
	Name	Age Team	Finals
=====			
1	155 Rose, Gavin	12 Comox Valley	1.15m
2	103 Masa, Austin	12 Alberni Vall	1.05m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 22 Boys 13 High Jump

=====				
	Name	Age	Team	Finals
=====				
1	157 Ruhstaller, Sean	13	Comox Valley	1.40m
2	278 Willers, Gabriel	13	Oceanside Tr	1.15m
3	272 Pastuck, Liam	13	Oceanside Tr	1.10m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 23 Mixed 14-15 High Jump

=====			
Name	Age	Team	Finals
=====			
1	162	Smallacombe, Simon M15 Comox Valley	1.78m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 24 Women 16-17 High Jump

=====			
	Name	Age Team	Finals
=====			
1	251 Russell, Lucy	17 Nanaimo & Di	1.30m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 24 Men 18-19 High Jump

=====				
Name	Age	Team	Finals	
=====				
1	167	U-Ming, Kayden	18 Comox Valley	1.70m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 24 Men 75-79 High Jump

=====			
Name	Age	Team	Finals
=====			
1	228	Donaldson, Sven	75 Nanaimo & Di 1.20m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 30 Mixed 9 Year Olds Long Jump

=====				
Name	Age	Team	Finals	Wind
=====				
1	180	Cheema, Avtar	M9 Cowichan Val	2.60m NWI
2	265	Barlow, Easton	M9 Oceanside Tr	2.44m NWI
3	231	Gilbert, Hana	W9 Nanaimo & Di	2.29m NWI
4	190	Grieve, Obeline	W9 Cowichan Val	2.27m NWI
5	227	Dickson, Marcus	M9 Nanaimo & Di	2.23m NWI
6	168	Upson, Huxley	M9 Comox Valley	2.04m NWI
7	196	Maccullough, Eva	W9 Cowichan Val	2.00m NWI
8	106	Paterson, Abigail	W9 Alberni Vall	1.36m NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 31 Girls 10 Long Jump

=====					
	Name	Age	Team	Finals	Wind
=====					
1	143 Kanary, Eastyn	10	Comox Valley	3.18m	NWI
2	236 Jaworski, Hannah	10	Nanaimo & Di	3.09m	NWI
3	119 Dougherty, Amelia	10	Campbell Riv	2.70m	NWI
4	145 Lewis, Emmy	10	Comox Valley	2.66m	NWI
5	126 Lanyon, Angelica	10	Campbell Riv	2.41m	NWI
6	188 Gaven, Ava	10	Cowichan Val	2.17m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 31 Girls 11 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
1	263	Atkinson, Abigail	11	Oceanside Tr	3.77m NWI
2	239	Kavanagh, Stella	11	Nanaimo & Di	3.27m NWI
3	199	McMillan, Finn (Fi	11	Cowichan Val	3.25m NWI
4	275	Provoost, Hannah	11	Oceanside Tr	3.21m NWI
5	226	Dickson, Amelia	11	Nanaimo & Di	3.18m NWI
6	191	Gudmundseth, Carly	11	Cowichan Val	3.00m NWI
7	262	Zhang, Chloe	11	Nanaimo & Di	2.93m NWI
8	222	Capadouca, Stevie	11	Nanaimo & Di	2.89m NWI
8	206	Vaisius, Nadia	11	Cowichan Val	2.89m NWI
10	147	Malapanis, Evelyn	11	Comox Valley	2.74m NWI
10	270	Hunter, Matilda	11	Oceanside Tr	2.74m NWI
12	249	Reilly, Caylen	11	Nanaimo & Di	2.60m NWI
13	104	Messenger, Ruby	11	Alberni Vall	2.53m NWI
14	205	Tyler, Lottie	11	Cowichan Val	2.44m NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 31 Boys 10 Long Jump

=====					
	Name	Age	Team	Finals	Wind
=====					
1	274 Procter, Ollie	10	Oceanside Tr	3.57m	NWI
2	260 Webber, Israel	10	Nanaimo & Di	3.47m	NWI
3	253 Ryan, Owen	10	Nanaimo & Di	3.34m	NWI
4	224 Clarke, Sawyer	10	Nanaimo & Di	3.24m	NWI
4	202 Salmon, Jaden	10	Cowichan Val	3.24m	NWI
6	201 Phillips, Henry	10	Cowichan Val	3.14m	NWI
7	210 Wismer, Niall	10	Cowichan Val	3.10m	NWI
8	220 Briese, Luke	10	Nanaimo & Di	2.97m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 31 Boys 11 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
1	130	Rentiers, William	11	Campbell Riv	3.70m NWI
2	193	Jadan, Owen	11	Cowichan Val	3.54m NWI
3	197	Maccullough, Jake	11	Cowichan Val	3.46m NWI
4	187	Fast, Xavier	11	Cowichan Val	3.39m NWI
5	181	Cheema, Bakshish	11	Cowichan Val	3.36m NWI
6	121	Griffiths, Brody	11	Campbell Riv	2.89m NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 32 Girls 12 Long Jump

=====				
Name	Age	Team	Finals	Wind
=====				
1	211	Wismer, Stella	12 Cowichan Val	3.47m NWI
2	186	Erickson, Sydnee	12 Cowichan Val	3.36m NWI
3	136	Dupuis, Harley	12 Comox Valley	3.13m NWI
4	238	Johnson, Abigail	12 Nanaimo & Di	3.02m NWI
5	254	Shimek, Jada	12 Nanaimo & Di	2.97m NWI
6	172	Weber, Carla	12 Comox Valley	2.94m NWI
7	174	Wesner, Meadow	12 Comox Valley	2.86m NWI
8	120	Engel, Ivy	12 Campbell Riv	2.55m NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 32 Girls 13 Long Jump

Name	Age	Team	Finals	Wind
1 261 Webber, Skyla	13	Nanaimo & Di	4.15m	NWI
2 241 Linder, Elizabeth	13	Nanaimo & Di	3.99m	NWI
3 248 Reilly, Brynne	13	Nanaimo & Di	3.72m	NWI
4 223 Clarke, Rowan	13	Nanaimo & Di	3.58m	NWI
5 235 Hill, Katie	13	Nanaimo & Di	3.55m	NWI
6 128 MacKenzie, Makayla	13	Campbell Riv	3.53m	NWI
7 178 Bazylinski, Saylor	13	Cowichan Val	3.39m	NWI
8 203 Smith, Phoebe	13	Cowichan Val	3.07m	NWI
9 207 Valastiak, Alica	13	Cowichan Val	2.91m	NWI
10 184 De Cunha, Emma-Lin	13	Cowichan Val	2.81m	NWI
11 148 Malapanis, Sage	13	Comox Valley	2.70m	NWI
12 125 Konkel, Selah	13	Campbell Riv	2.68m	NWI
13 192 Gudmundseth, Maggi	13	Cowichan Val	2.66m	NWI
14 122 Griffiths, Frankie	13	Campbell Riv	2.58m	NWI
15 269 Hebb, Payton	13	Oceanside Tr	2.30m	NWI
16 123 Guthrie, Alivia	13	Campbell Riv	2.29m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 32 Boys 12 Long Jump

=====					
	Name	Age	Team	Finals	Wind
=====					
1	155 Rose, Gavin	12	Comox Valley	3.34m	NWI
2	103 Masa, Austin	12	Alberni Vall	3.05m	NWI
3	198 McCauley, Patrick	12	Cowichan Val	2.67m	NWI
4	124 Jean, Drew	12	Campbell Riv	2.48m	NWI
5	233 Harvey, Max	12	Nanaimo & Di	2.33m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 32 Boys 13 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
1	153	Pendak, Owen	13	Comox Valley	3.84m NWI
2	157	Ruhstaller, Sean	13	Comox Valley	3.51m NWI
3	272	Pastuck, Liam	13	Oceanside Tr	3.50m NWI
--	278	Willers, Gabriel	13	Oceanside Tr	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 33 Mixed 14-15 Long Jump

=====					
Name	Age	Team	Finals	Wind	
=====					
1	115	Morton, Harper	M15 Brooks Secondary	4.57m	NWI
2	240	Kolen-Lee, Jonah	M14 Nanaimo & Di	4.54m	NWI
3	149	Monjo, Lily	W14 Comox Valley	3.99m	NWI
4	129	Ntalintumire, Anni	W15 Campbell Riv	3.89m	NWI
5	165	Suppiah, Ella	W14 Comox Valley	3.60m	NWI

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 34 Women 16-17 Long Jump

=====					
	Name	Age	Team	Finals	Wind
=====					
1	251 Russell, Lucy	17	Nanaimo & Di	4.85m	NWI
2	127 Lanyon, Evaye	16	Campbell Riv	4.20m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 34 Men 16-17 Long Jump

=====					
	Name	Age	Team	Finals	Wind
=====					
1	117 Roberts, Anthony	16	Brooks Secondary	5.82m	NWI
2	112 Hull, Ethan	17	Brooks Secondary	5.45m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 34 Men 18-19 Long Jump

=====						
Name	Age	Team	Finals	Wind		
=====						
1	160	Servos, Justin	18	Comox Valley	6.24m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 34 Men 75-79 Long Jump

=====						
Name	Age	Team	Finals	Wind		
=====						
1	228	Donaldson, Sven	75	Nanaimo & Di	2.72m	NWI

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 40 Girls 10 Discus Throw 750 g

=====			
Name	Age	Team	Finals
=====			
-- 126 Lanyon, Angelica	10	Campbell Riv	FOUL
-- 119 Dougherty, Amelia	10	Campbell Riv	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 40 Girls 11 Discus Throw 750 g

=====				
	Name	Age	Team	Finals
=====				
1	263 Atkinson, Abigail	11	Oceanside Tr	13.92m
2	226 Dickson, Amelia	11	Nanaimo & Di	13.68m
3	275 Provoost, Hannah	11	Oceanside Tr	10.56m
4	147 Malapanis, Evelyn	11	Comox Valley	8.53m
5	131 Chernov, Saesha	11	Comox Valley	8.11m
6	249 Reilly, Caylen	11	Nanaimo & Di	7.65m
--	104 Messenger, Ruby	11	Alberni Vall	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 40 Boys 10 Discus Throw 750 g

=====				
	Name	Age	Team	Finals
=====				
1	221 Capadouca, River	10	Nanaimo & Di	9.69m
2	290 Todd, Lachlan	10	Oceanside Tr	9.07m
3	220 Briese, Luke	10	Nanaimo & Di	9.05m
4	274 Procter, Ollie	10	Oceanside Tr	8.97m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 40 Boys 11 Discus Throw 750 g

=====				
Name	Age	Team	Finals	
=====				
1	181	Cheema, Bakshish	11 Cowichan Val	11.99m
2	137	Fiander, Finnley	11 Comox Valley	11.43m
3	183	Daigle, Sebastien	11 Cowichan Val	9.57m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 41 Girls 12 Discus Throw 750 g

=====				
	Name	Age	Team	Finals
=====				
1	238 Johnson, Abigail	12	Nanaimo & Di	16.38m
2	186 Erickson, Sydnee	12	Cowichan Val	14.71m
3	120 Engel, Ivy	12	Campbell Riv	10.00m
4	172 Weber, Carla	12	Comox Valley	8.39m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 41 Girls 13 Discus Throw 750 g

=====				
Name	Age	Team	Finals	
=====				
1	170	Van Zanden, Molly	13 Comox Valley	18.11m
2	241	Linder, Elizabeth	13 Nanaimo & Di	17.28m
3	223	Clarke, Rowan	13 Nanaimo & Di	17.13m
4	237	Jeffries, Lila	13 Nanaimo & Di	15.20m
5	248	Reilly, Brynne	13 Nanaimo & Di	14.78m
6	217	Argyle-Anderson, E	13 Nanaimo & Di	13.13m
7	184	De Cunha, Emma-Lin	13 Cowichan Val	13.03m
8	122	Griffiths, Frankie	13 Campbell Riv	12.92m
9	125	Konkel, Selah	13 Campbell Riv	10.04m
10	123	Guthrie, Alivia	13 Campbell Riv	8.98m
--	269	Hebb, Payton	13 Oceanside Tr	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 42 Boys 12 Discus Throw 1 kg

=====			
	Name	Age Team	Finals
=====			
1	124 Jean, Drew	12 Campbell Riv	16.97m
2	155 Rose, Gavin	12 Comox Valley	10.34m
3	233 Harvey, Max	12 Nanaimo & Di	9.65m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 42 Boys 13 Discus Throw 1 kg

=====			
	Name	Age Team	Finals
=====			
1	278 Willers, Gabriel	13 Oceanside Tr	18.31m
2	252 Ryan, Ben	13 Nanaimo & Di	15.74m
3	272 Pastuck, Liam	13 Oceanside Tr	14.98m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 43 Boys 14 Discus Throw 1 kg

=====				
Name	Age	Team	Finals	
=====				
1	200	Nickolichuk, Samue	14 Cowichan Val	14.46m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 43 Men 15 Discus Throw 1 kg

=====				
	Name	Age	Team	Finals
=====				
1	109 Browne, Leander	15	Brooks Secondary	25.91m
2	276 Schnider, Devon	15	Oceanside Tr	22.28m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 45 Women 16-17 Discus Throw 1.0 kg

=====			
	Name	Age Team	Finals
=====			
1	138 Galik, Gillian	16 Comox Valley	29.75m
2	195 Lazenby, Danika	17 Cowichan Val	19.11m
3	118 Alguire, Rachel	16 Campbell Riv	16.07m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 46 Men 16-17 Discus Throw 1.5 kg

=====			
Name	Age	Team	Finals
=====			
-- 114 Morrison, Tristan	17	Brooks Secondary	FOUL
-- 113 Morrison, Hayden	16	Brooks Secondary	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 50 Girls 10 Javelin Throw 400 g

=====				
	Name	Age	Team	Finals
=====				
1	126 Lanyon, Angelica	10	Campbell Riv	6.52m
2	188 Gaven, Ava	10	Cowichan Val	5.81m
3	145 Lewis, Emmy	10	Comox Valley	5.36m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 50 Girls 11 Javelin Throw 400 g

=====				
	Name	Age	Team	Finals
=====				
1	275 Provoost, Hannah	11	Oceanside Tr	16.45m
2	263 Atkinson, Abigail	11	Oceanside Tr	13.82m
3	226 Dickson, Amelia	11	Nanaimo & Di	11.07m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 50 Boys 10 Javelin Throw 400 g

=====			
Name	Age	Team	Finals
=====			
1	166	Taylor, Jackson	19.62m
2	220	Briese, Luke	17.08m
3	224	Clarke, Sawyer	13.84m
4	141	Hoselton, Henry	13.48m
5	244	Newstone, Chase	12.80m
6	274	Procter, Ollie	11.33m
7	208	Valastiak, Elijah	11.19m
8	210	Wismer, Niall	9.87m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 50 Boys 11 Javelin Throw 400 g

=====				
Name	Age	Team	Finals	
=====				
1	264	Baetz, Andrew	11 Oceanside Tr	16.83m
2	181	Cheema, Bakshish	11 Cowichan Val	15.28m
3	267	Donohoe, James	11 Oceanside Tr	14.75m
4	271	Luksay, Thomas	11 Oceanside Tr	14.65m
5	212	Wright, Logan	11 Cowichan Val	12.61m
6	137	Fiander, Finnley	11 Comox Valley	10.87m
7	204	Smith, Sebastian	11 Cowichan Val	9.21m
8	183	Daigle, Sebastien	11 Cowichan Val	6.12m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 52 Girls 12 Javelin Throw 400 g

=====				
	Name	Age	Team	Finals
=====				
1	238 Johnson, Abigail	12	Nanaimo & Di	15.57m
2	186 Erickson, Sydnee	12	Cowichan Val	13.58m
3	120 Engel, Ivy	12	Campbell Riv	12.59m
4	254 Shimek, Jada	12	Nanaimo & Di	11.64m
5	273 Procter, Abbie	12	Oceanside Tr	11.37m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 52 Girls 13 Javelin Throw 400 g

=====				
Name	Age	Team	Finals	
=====				
1	178	Bazylinski, Saylor	13 Cowichan Val	18.75m
2	235	Hill, Katie	13 Nanaimo & Di	16.82m
3	128	MacKenzie, Makayla	13 Campbell Riv	16.20m
4	248	Reilly, Brynne	13 Nanaimo & Di	14.12m
5	182	Cheema, Miri Liv	13 Cowichan Val	11.19m
6	148	Malapanis, Sage	13 Comox Valley	10.25m
7	123	Guthrie, Alivia	13 Campbell Riv	9.79m
8	237	Jeffries, Lila	13 Nanaimo & Di	9.41m
9	122	Griffiths, Frankie	13 Campbell Riv	9.02m
10	269	Hebb, Payton	13 Oceanside Tr	8.93m
11	125	Konkel, Selah	13 Campbell Riv	7.84m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 53 Boys 12 Javelin Throw 500 g

=====				
	Name	Age	Team	Finals
=====				
1	155 Rose, Gavin	12	Comox Valley	16.13m
2	266 Binder, Declan	12	Oceanside Tr	11.36m
3	279 Williamson, Dryden	12	Oceanside Tr	10.57m
4	280 Williamson, Rowan	12	Oceanside Tr	9.65m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 53 Boys 13 Javelin Throw 500 g

=====			
	Name	Age Team	Finals
=====			
1	278 Willers, Gabriel	13 Oceanside Tr	33.31m
2	272 Pastuck, Liam	13 Oceanside Tr	15.58m
3	163 Smit, Johannes	13 Comox Valley	10.44m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 55 Boys 14-15 Javelin Throw 600 g

=====				
Name	Age	Team	Finals	
=====				
1	268	Folk, Bowen	15 Oceanside Tr	37.54m
2	240	Kolen-Lee, Jonah	14 Nanaimo & Di	37.40m
3	242	Miller, Mason	15 Nanaimo & Di	22.06m
4	276	Schnider, Devon	15 Oceanside Tr	20.19m
5	200	Nickolichuk, Samue	14 Cowichan Val	18.60m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 56 Women 16-17 Javelin Throw 500 g

=====			
	Name	Age Team	Finals
=====			
1	138 Galik, Gillian	16 Comox Valley	39.43m
2	251 Russell, Lucy	17 Nanaimo & Di	22.39m
3	195 Lazenby, Danika	17 Cowichan Val	21.79m
4	118 Alguire, Rachel	16 Campbell Riv	11.56m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 57 Women 18-19 Javelin Throw 600 g

=====			
	Name	Age Team	Finals
=====			
1	152 Munro, Akira	19 Comox Valley	37.72m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 57 Women 35-39 Javelin Throw 600 g

=====			
	Name	Age Team	Finals
=====			
1	154 Richards, Jessica	39 Comox Valley	11.75m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 57 Women 45-49 Javelin Throw 600 g

=====			
	Name	Age Team	Finals
=====			
1	282 Por, Gabriella	47 Unattached B	18.99m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 60 Mixed 9 Year Olds Shot Put 2 kg

=====				
Name	Age	Team	Finals	
=====				
1	180	Cheema, Avtar	M9 Cowichan Val	4.42m
2	168	Upson, Huxley	M9 Comox Valley	4.25m
3	227	Dickson, Marcus	M9 Nanaimo & Di	3.42m
4	265	Barlow, Easton	M9 Oceanside Tr	3.08m
5	190	Grieve, Obeline	W9 Cowichan Val	2.58m
6	231	Gilbert, Hana	W9 Nanaimo & Di	2.42m
7	196	Maccullough, Eva	W9 Cowichan Val	1.41m

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 61 Girls 10 Shot Put 2 kg

=====				
	Name	Age	Team	Finals
=====				
1	145 Lewis, Emmy	10	Comox Valley	3.61m
2	188 Gaven, Ava	10	Cowichan Val	3.37m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 61 Girls 11 Shot Put 2 kg

=====				
Name	Age	Team		Finals
=====				
1	226	Dickson, Amelia	11 Nanaimo & Di	6.58m
2	199	McMillan, Finn (Fi	11 Cowichan Val	5.88m
3	104	Messenger, Ruby	11 Alberni Vall	5.18m
4	131	Chernov, Saesha	11 Comox Valley	4.51m
5	205	Tyler, Lottie	11 Cowichan Val	4.43m
6	206	Vaisius, Nadia	11 Cowichan Val	4.39m
7	147	Malapanis, Evelyn	11 Comox Valley	3.94m
8	249	Reilly, Caylen	11 Nanaimo & Di	3.20m
--	222	Capadouca, Stevie	11 Nanaimo & Di	FOUL
--	270	Hunter, Matilda	11 Oceanside Tr	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 61 Boys 10 Shot Put 2 kg

=====				
Name	Age	Team	Finals	
=====				
1	260	Webber, Israel	10 Nanaimo & Di	6.54m
2	281	Gunn, Thomas	10 unassigned	6.53m
3	208	Valastiak, Elijah	10 Cowichan Val	5.95m
4	166	Taylor, Jackson	10 Comox Valley	5.66m
5	220	Briese, Luke	10 Nanaimo & Di	5.56m
6	202	Salmon, Jaden	10 Cowichan Val	5.36m
7	201	Phillips, Henry	10 Cowichan Val	4.75m
--	210	Wismer, Niall	10 Cowichan Val	FOUL
--	253	Ryan, Owen	10 Nanaimo & Di	FOUL
--	221	Capadouca, River	10 Nanaimo & Di	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 61 Boys 11 Shot Put 2 kg

=====				
	Name	Age	Team	Finals
=====				
1	204 Smith, Sebastian	11	Cowichan Val	6.95m
2	267 Donohoe, James	11	Oceanside Tr	6.50m
3	229 Dunnett, Cedar	11	Nanaimo & Di	5.85m
4	183 Daigle, Sebastien	11	Cowichan Val	5.60m
5	187 Fast, Xavier	11	Cowichan Val	4.35m
6	193 Jadan, Owen	11	Cowichan Val	3.49m
--	271 Luksay, Thomas	11	Oceanside Tr	FOUL
--	264 Baetz, Andrew	11	Oceanside Tr	FOUL

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 62 Girls 12 Shot Put 3 kg

=====				
	Name	Age	Team	Finals
=====				
1	238 Johnson, Abigail	12	Nanaimo & Di	5.84m
2	254 Shimek, Jada	12	Nanaimo & Di	5.20m
3	211 Wismer, Stella	12	Cowichan Val	5.15m
4	120 Engel, Ivy	12	Campbell Riv	4.44m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 62 Girls 13 Shot Put 3 kg

=====				
Name	Age	Team		Finals
=====				
1	128	MacKenzie, Makayla	13 Campbell Riv	6.18m
2	237	Jeffries, Lila	13 Nanaimo & Di	5.95m
3	122	Griffiths, Frankie	13 Campbell Riv	5.82m
4	248	Reilly, Brynne	13 Nanaimo & Di	5.72m
5	269	Hebb, Payton	13 Oceanside Tr	5.55m
6	235	Hill, Katie	13 Nanaimo & Di	5.54m
7	217	Argyle-Anderson, E	13 Nanaimo & Di	4.87m
8	184	De Cunha, Emma-Lin	13 Cowichan Val	4.72m
9	182	Cheema, Miri Liv	13 Cowichan Val	4.62m
10	178	Bazylinski, Saylor	13 Cowichan Val	4.57m
11	203	Smith, Phoebe	13 Cowichan Val	4.36m
12	123	Guthrie, Alivia	13 Campbell Riv	4.05m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 62 Boys 12 Shot Put 3 kg

=====				
	Name	Age	Team	Finals
=====				
1	124 Jean, Drew	12	Campbell Riv	6.96m
2	280 Williamson, Rowan	12	Oceanside Tr	5.55m
3	155 Rose, Gavin	12	Comox Valley	4.79m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 62 Boys 13 Shot Put 3 kg

=====				
	Name	Age	Team	Finals
=====				
1	278 Willers, Gabriel	13	Oceanside Tr	7.62m
2	163 Smit, Johannes	13	Comox Valley	5.82m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 64 Boys 14-15 Shot Put 4 kg

=====				
Name	Age	Team	Finals	
=====				
1	109	Browne, Leander	15 Brooks Secondary	11.66m
2	242	Miller, Mason	15 Nanaimo & Di	8.12m
3	276	Schnider, Devon	15 Oceanside Tr	7.40m
4	200	Nickolichuk, Samue	14 Cowichan Val	5.97m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 65 Women 16-17 Shot Put 3 kg

=====			
	Name	Age Team	Finals
=====			
1	138 Galik, Gillian	16 Comox Valley	12.36m
2	251 Russell, Lucy	17 Nanaimo & Di	10.98m
3	118 Alguire, Rachel	16 Campbell Riv	6.08m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 66 Women 35-39 Shot Put 4 kg

=====				
Name	Age	Team	Finals	
=====				
1	185	Erickson, Devyn	36 Cowichan Val	9.13m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 70 Girls 12 Hammer Throw 3 kg

=====			
	Name	Age Team	Finals
=====			
1	172 Weber, Carla	12 Comox Valley	14.90m
2	238 Johnson, Abigail	12 Nanaimo & Di	11.07m
3	174 Wesner, Meadow	12 Comox Valley	10.34m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 70 Girls 13 Hammer Throw 3 kg

=====			
	Name	Age Team	Finals
=====			
1	261 Webber, Skyla	13 Nanaimo & Di	23.86m
2	170 Van Zanden, Molly	13 Comox Valley	19.62m
3	237 Jeffries, Lila	13 Nanaimo & Di	16.06m
4	269 Hebb, Payton	13 Oceanside Tr	12.79m
5	148 Malapanis, Sage	13 Comox Valley	11.56m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 70 Boys 12 Hammer Throw 3 kg

=====				
Name	Age	Team	Finals	
=====				
1	175	Zaal, Carter	12 Comox Valley	14.77m
2	266	Binder, Declan	12 Oceanside Tr	11.08m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 70 Boys 13 Hammer Throw 3 kg

=====			
	Name	Age Team	Finals
=====			
1	278 Willers, Gabriel	13 Oceanside Tr	30.62m
2	163 Smit, Johannes	13 Comox Valley	14.24m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 72 Boys 14 Hammer Throw 4 kg

=====				
Name	Age	Team	Finals	
=====				
1	200	Nickolichuk, Samue	14 Cowichan Val	16.49m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 72 Boys 15 Hammer Throw 4 kg

=====			
	Name	Age Team	Finals
=====			
1	242 Miller, Mason	15 Nanaimo & Di	30.67m
2	276 Schnider, Devon	15 Oceanside Tr	19.07m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 73 Women 16-17 Hammer Throw 3 kg

=====				
	Name	Age	Team	Finals
=====				
1	135 Doty-Brown, Payge	17	Comox Valley	42.15m
2	195 Lazenby, Danika	17	Cowichan Val	24.81m
3	118 Alguire, Rachel	16	Campbell Riv	18.36m

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 74 Women 18-19 Hammer Throw 4 kg

=====				
	Name	Age	Team	Finals
=====				
1	247 Putz, Katelyn	18	Nanaimo & Di	40.89m
2	140 Hoffman, Elisabeth	18	Comox Valley	35.87m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 74 Women 20-34 Hammer Throw 4 kg

=====			
	Name	Age Team	Finals
=====			
1	150 Morfitt, Chantal	21 Comox Valley	28.18m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 74 Women 35-39 Hammer Throw 4 kg

=====			
	Name	Age Team	Finals
=====			
1	154 Richards, Jessica	39 Comox Valley	14.85m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 75 Women 65-69 Hammer Throw 3 kg

=====			
	Name	Age Team	Finals
=====			
1	142 Jones, Terri	67 Comox Valley	23.25m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 200 Men 50-59 Discus Throw 1.5 kg

=====				
Name	Age	Team	Finals	
=====				
1	108	Vannini, Phillip	50 Athletics Vi	36.40m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 201 Men 75-79 Discus Throw 1 kg

=====				
Name	Age	Team	Finals	
=====				
1	228	Donaldson, Sven	75 Nanaimo & Di	20.45m

**2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results**

Event 218 Men 16-17 Javelin Throw 700 g

=====				
	Name	Age	Team	Finals
=====				
1	161 Servos, Tyson	16	Comox Valley	50.59m
2	146 Macdonnell, Thomas	17	Comox Valley	47.65m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 219 Men 18-19 Javelin Throw 800 g

=====				
Name	Age	Team	Finals	
=====				
1	167	U-Ming, Kayden	18 Comox Valley	54.96m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 243 Men 16-17 Shot Put 5 kg

=====				
	Name	Age	Team	Finals
=====				
1	113 Morrison, Hayden	16	Brooks Secondary	7.83m
2	114 Morrison, Tristan	17	Brooks Secondary	7.26m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 901 Women 18-19 Discus Throw 1.0 kg

=====				
Name	Age	Team	Finals	
=====				
1	139	Galik, Madelaine	18 Comox Valley	23.79m

2024 Comox Icebreaker
Comox Valley Sport Centre - 4/13/2024
Results

Event 902 Women 35-39 Discus Throw 1.0 kg

=====				
Name	Age	Team	Finals	
=====				
1	185	Erickson, Devyn	36 Cowichan Val	27.69m