

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 1 Girls 9 Year Olds 60 Meter Dash

| ===== | | | | |
|-----------|---------------------|-----------------|-------|-----|
| Name | | | | |
| Year Team | | Finals | Wind | |
| ===== | | | | |
| Finals | | | | |
| 1 | 77 Maccullough, Eva | 15 Cowichan Val | 13.01 | NWI |

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Event 2 Boys 9 Year Olds 60 Meter Dash

| ===== | | | | | | |
|-----------|-----|-------------------|----|--------------|-------|-----|
| Name | | | | | | |
| Year Team | | | | | | |
| Finals | | | | | | |
| Wind | | | | | | |
| ===== | | | | | | |
| 1 | 174 | Tripathi, Nirvaan | 15 | Nanaimo & Di | 11.00 | NWI |
| 2 | 106 | Tweten, Jakob | 15 | Cowichan Val | 11.06 | NWI |
| 3 | 14 | Rogers, Henry | 15 | Alberni Vall | 11.38 | NWI |
| 4 | 186 | Barlow, Easton | 15 | Oceanside Tr | 11.42 | NWI |
| 5 | 88 | Cheema, Avtar | 15 | Cowichan Val | 11.82 | NWI |
| 6 | 147 | Dickson, Marcus | 15 | Nanaimo & Di | 12.81 | NWI |

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Event 3 Girls 10 Year Olds 60 Meter Dash

| ===== | | | | | |
|-------|----------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 40 Lewis, Emmy | 14 | Comox Valley | 10.98 | NWI |
| 2 | 73 Gaven, Ava | 14 | Cowichan Val | 11.91 | NWI |

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Event 4 Boys 10 Year Olds 60 Meter Dash

| ===== | | | | | | |
|-------|------|--------------------|--------|--------------|-------|-------|
| Name | Year | Team | Finals | Wind | H# | |
| ===== | | | | | | |
| 1 | 244 | Owusu-Nyamekye, Na | 14 | Victoria Spe | 9.16 | NWI 1 |
| 2 | 175 | Webber, Israel | 14 | Nanaimo & Di | 10.63 | NWI 1 |
| 3 | 169 | Ryan, Owen | 14 | Nanaimo & Di | 10.81 | NWI 2 |
| 4 | 107 | Valastiak, Elijah | 14 | Cowichan Val | 11.25 | NWI 2 |
| 5 | 5 | Askerhaug Tordoya, | 14 | Alberni Vall | 11.28 | NWI 2 |

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Event 5 Girls 11 Year Olds 60 Meter Dash

| ===== | | | | | |
|-------|------|------------------|--------|--------------|-------------|
| Name | Year | Team | Finals | Wind | H# |
| ===== | | | | | |
| 1 | 72 | Fikowski, Evan | 13 | Cowichan Val | 10.13 NWI 1 |
| 1 | 38 | Klassen, Rhea | 13 | Comox Valley | 10.13 NWI 2 |
| 3 | 120 | Dickson, Amelia | 13 | Nanaimo & Di | 10.59 NWI 1 |
| 4 | 83 | Vaisius, Nadia | 13 | Cowichan Val | 10.64 NWI 1 |
| 5 | 182 | Provoost, Hannah | 13 | Oceanside Tr | 10.89 NWI 2 |
| 6 | 177 | Bewsey, Olivia | 13 | Oceanside Tr | 10.91 NWI 2 |
| 7 | 82 | Tyler, Lottie | 13 | Cowichan Val | 11.06 NWI 1 |

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Event 6 Boys 11 Year Olds 60 Meter Dash

| ===== | | | | | |
|-------|------|--------------------|--------|--------------|-------------|
| Name | Year | Team | Finals | Wind | H# |
| ===== | | | | | |
| 1 | 94 | Jadan, Owen | 13 | Cowichan Val | 9.61 NWI 2 |
| 2 | 193 | Luksay, Thomas | 13 | Oceanside Tr | 9.72 NWI 2 |
| 3 | 97 | Maccullough, Jake | 13 | Cowichan Val | 9.82 NWI 1 |
| 4 | 52 | Fiander, Finnley | 13 | Comox Valley | 10.10 NWI 1 |
| 5 | 185 | Aikman - Heir, Kai | 13 | Oceanside Tr | 10.16 NWI 2 |
| 6 | 6 | Dornan, O'Brian | 13 | Alberni Vall | 10.29 NWI 2 |
| 7 | 90 | Daigle, Sebastien | 13 | Cowichan Val | 13.36 NWI 2 |

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Event 7 Girls 9 Year Olds 100 Meter Dash

| ===== | | | | |
|-------|---------------------|------|--------------|-------------|
| | Name | Year | Team | Finals Wind |
| ===== | | | | |
| 1 | 75 Grieve, Obeline | 15 | Cowichan Val | 18.55 -0.8 |
| 2 | 77 Maccullough, Eva | 15 | Cowichan Val | 20.38 -0.8 |

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Event 8 Boys 9 Year Olds 100 Meter Dash

| ===== | | | | |
|-------|------|-------------------|-----------------|------------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 174 | Tripathi, Nirvaan | 15 Nanaimo & Di | 17.60 -0.5 |
| 2 | 14 | Rogers, Henry | 15 Alberni Vall | 17.81 -0.5 |
| 3 | 186 | Barlow, Easton | 15 Oceanside Tr | 17.84 -0.5 |
| 4 | 158 | Luch, Tyler | 15 Nanaimo & Di | 17.95 -0.5 |
| 5 | 88 | Cheema, Avtar | 15 Cowichan Val | 18.31 -0.5 |
| 6 | 147 | Dickson, Marcus | 15 Nanaimo & Di | 19.89 -0.5 |

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Event 9 Girls 10 Year Olds 100 Meter Dash

| ===== | | | | | |
|-------|----------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 40 Lewis, Emmy | 14 | Comox Valley | 16.96 | -1.0 |
| 2 | 73 Gaven, Ava | 14 | Cowichan Val | 18.89 | -1.0 |

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Event 10 Boys 10 Year Olds 100 Meter Dash

| ===== | | | | | | |
|-------|------|--------------------|--------|--------------|-------|-------|
| Name | Year | Team | Finals | Wind | H# | |
| ===== | | | | | | |
| 1 | 244 | Owusu-Nyamekye, Na | 14 | Victoria Spe | 14.23 | 1.0 2 |
| 2 | 169 | Ryan, Owen | 14 | Nanaimo & Di | 15.77 | 0.8 1 |
| 3 | 102 | Salmon, Jaden | 14 | Cowichan Val | 16.21 | 0.8 1 |
| 4 | 175 | Webber, Israel | 14 | Nanaimo & Di | 16.97 | 0.8 1 |
| 5 | 109 | Wismer, Niall | 14 | Cowichan Val | 16.98 | 0.8 1 |
| 6 | 5 | Askerhaug Tordoya, | 14 | Alberni Vall | 17.05 | 0.8 1 |
| 7 | 144 | Clarke, Sawyer | 14 | Nanaimo & Di | 17.06 | 1.0 2 |
| 8 | 99 | Phillips, Henry | 14 | Cowichan Val | 17.12 | 1.0 2 |
| 9 | 192 | Lee, Isaac | 14 | Oceanside Tr | 17.74 | 1.0 2 |

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Event 11 Girls 11 Year Olds 100 Meter Dash

| ===== | | | | | | |
|-------|------|-------------------|--------|--------------|-------|--------|
| Name | Year | Team | Finals | Wind | H# | |
| ===== | | | | | | |
| 1 | 176 | Atkinson, Abigail | 13 | Oceanside Tr | 14.59 | +0.0 2 |
| 2 | 81 | Tshibangu, Joyce | 13 | Cowichan Val | 15.43 | +0.0 2 |
| 3 | 72 | Fikowski, Evan | 13 | Cowichan Val | 15.63 | -0.1 1 |
| 4 | 38 | Klassen, Rhea | 13 | Comox Valley | 15.67 | -0.1 1 |
| 5 | 184 | Watson, Maya | 13 | Oceanside Tr | 16.55 | -0.1 1 |
| 6 | 83 | Vaisius, Nadia | 13 | Cowichan Val | 16.56 | +0.0 2 |
| 7 | 182 | Provoost, Hannah | 13 | Oceanside Tr | 16.67 | +0.0 2 |
| 8 | 120 | Dickson, Amelia | 13 | Nanaimo & Di | 16.68 | +0.0 2 |
| 9 | 177 | Bewsey, Olivia | 13 | Oceanside Tr | 17.14 | -0.1 1 |
| 10 | 122 | Gauthier, Georgia | 13 | Nanaimo & Di | 17.25 | +0.0 2 |
| 11 | 82 | Tyler, Lottie | 13 | Cowichan Val | 17.28 | -0.1 1 |
| 12 | 30 | Zhang, Anna | 13 | Club Rapide | 17.40 | -0.1 1 |

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Event 12 Boys 11 Year Olds 100 Meter Dash

| Name | Year | Team | Finals | Wind | H# |
|--------------------------|------|--------------|--------|------|----|
| 1 94 Jadan, Owen | 13 | Cowichan Val | 15.06 | 0.8 | 1 |
| 2 104 Tshibangu, Jason | 13 | Cowichan Val | 15.07 | 0.8 | 1 |
| 3 193 Luksay, Thomas | 13 | Oceanside Tr | 15.36 | +0.0 | 2 |
| 4 97 Maccullough, Jake | 13 | Cowichan Val | 15.46 | +0.0 | 2 |
| 5 151 Fontaine, Colten | 13 | Nanaimo & Di | 16.04 | 0.8 | 1 |
| 6 92 Fast, Xavier | 13 | Cowichan Val | 16.13 | 0.8 | 1 |
| 7 185 Aikman - Heir, Kai | 13 | Oceanside Tr | 16.19 | +0.0 | 2 |
| 8 6 Dornan, O'Brian | 13 | Alberni Vall | 16.27 | +0.0 | 2 |
| 9 89 Cheema, Bakshish | 13 | Cowichan Val | 16.41 | 0.8 | 1 |
| 10 103 Smith, Sebastian | 13 | Cowichan Val | 16.91 | 0.8 | 1 |
| 11 52 Fiander, Finnley | 13 | Comox Valley | 16.94 | +0.0 | 2 |
| 12 90 Daigle, Sebastien | 13 | Cowichan Val | 21.09 | +0.0 | 2 |

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Event 13 Girls 12 Year Olds 100 Meter Dash

| ===== | | | | |
|-------|------|------------------|-----------------|------------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 78 | Munro, Hannah | 12 Cowichan Val | 14.80 -0.4 |
| 2 | 71 | Erickson, Sydnee | 12 Cowichan Val | 15.00 -0.4 |
| 3 | 181 | Procter, Abbie | 12 Oceanside Tr | 15.24 -0.4 |
| 4 | 201 | Barker, Daisy | 12 Peninsula Tr | 15.44 -0.4 |
| 5 | 44 | Schmidt, Avery | 12 Comox Valley | 15.80 -0.4 |
| 6 | 86 | Wismer, Stella | 12 Cowichan Val | 15.91 -0.4 |
| 7 | 138 | Shimek, Jada | 12 Nanaimo & Di | 16.80 -0.4 |

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Event 14 Boys 12 Year Olds 100 Meter Dash

| ===== | | | | | |
|-------|--------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 56 Rose, Gavin | 12 | Comox Valley | 15.08 | 0.9 |
| 2 | 100 Ramstead, Liam | 12 | Cowichan Val | 15.24 | 0.9 |
| 3 | 11 Pritchard, Pace | 12 | Alberni Vall | 15.80 | 0.9 |
| 4 | 159 MacLeod, Iain | 12 | Nanaimo & Di | 15.86 | 0.9 |
| 5 | 13 Rogers, Casey | 12 | Alberni Vall | 16.41 | 0.9 |

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Event 15 Girls 13 Year Olds 100 Meter Dash

| Name | Year | Team | Finals | Wind | H# |
|--------------------------|------|--------------|--------|------|----|
| 1 3 Harvey, Payton | 11 | Alberni Vall | 13.92 | -0.1 | 2 |
| 2 140 Webber, Skyla | 11 | Nanaimo & Di | 14.15 | 1.1 | 1 |
| 3 204 Van Der Berg, Char | 11 | Peninsula Tr | 14.85 | 1.1 | 1 |
| 4 21 Granson, Kinley | 11 | Campbell Riv | 14.97 | -0.1 | 2 |
| 5 68 De Cunha, Emma-Lin | 11 | Cowichan Val | 14.98 | 1.1 | 1 |
| 6 48 Van Zanden, Molly | 11 | Comox Valley | 14.99 | 1.1 | 1 |
| 7 123 Gauthier, Lucia | 11 | Nanaimo & Di | 15.51 | -0.1 | 2 |
| 8 24 MacKenzie, Makayla | 11 | Campbell Riv | 15.53 | 1.1 | 1 |
| 9 111 Argyle-Anderson, E | 11 | Nanaimo & Di | 15.63 | -0.1 | 2 |
| 10 118 Clarke, Rowan | 11 | Nanaimo & Di | 16.07 | -0.1 | 2 |
| 11 79 Smith, Phoebe | 11 | Cowichan Val | 16.15 | -0.1 | 2 |
| 12 66 Cheema, Miri Liv | 11 | Cowichan Val | 16.86 | 1.1 | 1 |
| 13 179 Hebb, Payton | 11 | Oceanside Tr | 16.87 | -0.1 | 2 |
| 14 216 Luksay, Ally | 11 | Unattached | 17.22 | 1.1 | 1 |
| 15 23 Guthrie, Alivia | 11 | Campbell Riv | 18.60 | 1.1 | 1 |
| 16 22 Griffiths, Frankie | 11 | Campbell Riv | 18.64 | -0.1 | 2 |

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Event 16 Boys 13 Year Olds 100 Meter Dash

| ===== | | | | | |
|-------|------------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 205 Holmgren, Coen | 11 | Peninsula Tr | 13.93 | 0.6 |
| 2 | 98 Munro, Jack | 11 | Cowichan Val | 14.03 | 0.6 |
| 3 | 168 Ryan, Ben | 11 | Nanaimo & Di | 14.19 | 0.6 |
| 4 | 143 Brand, Jonas | 11 | Nanaimo & Di | 14.34 | 0.6 |
| 5 | 105 Tshibangu, Joeffre | 11 | Cowichan Val | 14.51 | 0.6 |

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Event 17 Women 14-15 100 Meter Dash

| ===== | | | | | | |
|-------|------|--------------------|-----------------|-------|-----|---|
| Name | Year | Team | Finals | Wind | H# | |
| ===== | | | | | | |
| 1 | 116 | Brand, Danaea | 09 Nanaimo & Di | 13.23 | 1.1 | 2 |
| 2 | 203 | Martin, Elly | 09 Peninsula Tr | 13.67 | 0.8 | 1 |
| 3 | 222 | Wheatley, Nya | 09 Unattached | 13.71 | 0.8 | 1 |
| 4 | 248 | Fred, Erica | 10 Unattached | 13.74 | 0.8 | 1 |
| 5 | 39 | Lewis, Addison | 09 Comox Valley | 13.78 | 1.1 | 2 |
| 6 | 241 | Owusu-Nyamekye, Oh | 09 Victoria Spe | 14.17 | 1.1 | 2 |
| 7 | 221 | Wheatley, Esme | 10 Unattached | 14.32 | 0.8 | 1 |
| 8 | 213 | Golemba, Sejal | 09 Unattached | 14.58 | 1.1 | 2 |
| 9 | 28 | Chase, Brooklyn | 10 Club Rapide | 14.87 | 0.8 | 1 |
| 10 | 212 | Darling, Amara | 09 Unattached | 14.94 | 0.8 | 1 |
| 11 | 25 | Ntalintumire, Anni | 09 Campbell Riv | 15.06 | 1.1 | 2 |
| 12 | 215 | Lowery, Bryn | 10 Unattached | 15.13 | 1.1 | 2 |
| 13 | 219 | Stephens, Brea | 10 Unattached | 16.39 | 1.1 | 2 |
| 14 | 223 | Wolff, Mia | 10 Unattached | 17.06 | 0.8 | 1 |

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Event 18 Boys 14-15 100 Meter Dash

| ===== | | | | | | |
|-------|------|--------------------|-----------------|-------|------|---|
| Name | Year | Team | Finals | Wind | H# | |
| ===== | | | | | | |
| 1 | 58 | Smallacombe, Simon | 09 Comox Valley | 12.35 | -0.4 | 1 |
| 2 | 167 | Ohiaeri, Chinazor | 09 Nanaimo & Di | 12.71 | -0.4 | 1 |
| 3 | 31 | Zhang, Alex | 09 Club Rapide | 13.10 | -0.4 | 1 |
| 4 | 206 | Holmgren, Emilian | 09 Peninsula Tr | 13.22 | -0.4 | 1 |
| 5 | 242 | Hill, Tristan | 10 Victoria Spe | 13.36 | 0.3 | 2 |
| 6 | 156 | Kolen-Lee, Jonah | 10 Nanaimo & Di | 13.62 | 0.3 | 2 |
| 7 | 26 | Granson, Carter | 09 Campbell Riv | 14.46 | -0.4 | 1 |
| 8 | 232 | Wynans, Isaac | 10 Unattached | 14.94 | 0.3 | 2 |

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Event 19 Women 16-17 100 Meter Dash

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 211 Cyr, Brooklyn | 08 | Unattached | 13.67 | 1.0 |
| 2 | 69 de Leeuw, Lyla | 08 | Cowichan Val | 14.15 | 1.0 |
| 3 | 35 Galik, Gillian | 08 | Comox Valley | 14.29 | 1.0 |

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Event 20 Men 16-17 100 Meter Dash

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 8 Ivezich, Kolton | 07 | Alberni Vall | 11.61 | +0.0 |
| 2 | 10 Mitchell, Riley | 07 | Alberni Vall | 11.73 | +0.0 |
| 3 | 225 Acosta, Lucas | 08 | Unattached | 11.77 | +0.0 |
| 4 | 150 Esleyer, Gavin | 08 | Nanaimo & Di | 11.92 | +0.0 |
| 5 | 228 Hillman, Joshua | 08 | Unattached | 12.00 | +0.0 |
| 6 | 245 Pearce, Jasper | 08 | Victoria Spe | 12.34 | +0.0 |
| 7 | 7 Ingalls, Cohen | 08 | Alberni Vall | 12.81 | +0.0 |
| 8 | 172 Situ, Joshua | 08 | Nanaimo & Di | 13.01 | +0.0 |

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Event 21 Women 18-19 100 Meter Dash

| ===== | | | | |
|-------|------------------------|-----------------|--------|------|
| | Name | Year Team | Finals | Wind |
| ===== | | | | |
| 1 | 240 Mcdowell-Mitchell, | 05 Victoria Spe | 13.27 | 1.0 |

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Event 22 Men 18-19 100 Meter Dash

| ===== | | | | | |
|-------|----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 12 Robinson, Jax | 06 | Alberni Vall | 11.35 | 0.8 |
| 2 | 243 Lim, Mackensie | 06 | Victoria Spe | 11.41 | 0.8 |
| 3 | 196 Schnider, Taylor | 06 | Oceanside Tr | 12.77 | 0.8 |

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Event 25 Women 35-39 100 Meter Dash

| ===== | | | | | |
|-------|----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 33 Donner, Claire | 89 | Comox Valley | 14.18 | 0.2 |
| 2 | 43 Richards, Jessica | 85 | Comox Valley | 17.81 | 0.2 |

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Event 25 Women 65-69 100 Meter Dash

| ===== | | | | |
|-------|-------------------|-----------------|--------|------|
| | Name | Year Team | Finals | Wind |
| ===== | | | | |
| 1 | 115 Bonin, Denise | 56 Nanaimo & Di | 17.59 | 0.2 |

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Event 26 Men 20-34 100 Meter Dash

| ===== | | | | | | |
|-------|------|-----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 154 | Henry, Stirling | 04 | Nanaimo & Di | 11.75 | 1.7 |

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Event 26 Men 55-59 100 Meter Dash

| ===== | | | | | | |
|-------|------|------------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 173 | Stewart, Matthew | 68 | Nanaimo & Di | 14.20 | 1.7 |

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Event 26 Men 75-79 100 Meter Dash

| ===== | | | | | | |
|-------|------|---------------|--------|------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 226 | Edwards, John | 46 | Unattached | 20.29 | 1.7 |

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Event 26 Men 85-89 100 Meter Dash

| ===== | | | | | | |
|-------|------|----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 236 | Thompson, Lynn | 39 | Unattached B | 18.70 | 1.7 |

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Event 27 Girls 10 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|----------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 40 Lewis, Emmy | 14 | Comox Valley | 37.15 | NWI |
| 2 | 73 Gaven, Ava | 14 | Cowichan Val | 39.93 | NWI |
| 3 | 1 Brook, Emma | 14 | Alberni Vall | 40.99 | NWI |

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Event 28 Boys 10 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|------------------------|------|--------------|--------|------|
| Name | | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 244 Owusu-Nyamekye, Na | 14 | Victoria Spe | 30.07 | NWI |
| 2 | 169 Ryan, Owen | 14 | Nanaimo & Di | 34.59 | NWI |
| 3 | 165 Newstone, Chase | 14 | Nanaimo & Di | 35.05 | NWI |
| 4 | 59 Taylor, Jackson | 14 | Comox Valley | 37.74 | NWI |

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Event 29 Girls 11 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|------|--------------------|--------|--------------|-------------|
| Name | Year | Team | Finals | Wind | H# |
| ===== | | | | | |
| 1 | 176 | Atkinson, Abigail | 13 | Oceanside Tr | 30.40 NWI 1 |
| 2 | 38 | Klassen, Rhea | 13 | Comox Valley | 33.76 NWI 2 |
| 3 | 132 | Oyenuga, Imisioluw | 13 | Nanaimo & Di | 35.16 NWI 2 |
| 4 | 72 | Fikowski, Evan | 13 | Cowichan Val | 35.23 NWI 2 |
| 5 | 184 | Watson, Maya | 13 | Oceanside Tr | 35.47 NWI 1 |
| 6 | 120 | Dickson, Amelia | 13 | Nanaimo & Di | 35.59 NWI 1 |
| 7 | 83 | Vaisius, Nadia | 13 | Cowichan Val | 36.64 NWI 2 |
| 8 | 87 | Wong, Poppy | 13 | Cowichan Val | 38.24 NWI 2 |
| 9 | 82 | Tyler, Lottie | 13 | Cowichan Val | 38.59 NWI 1 |

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Event 30 Boys 11 Year Olds 200 Meter Dash

| Name | Year | Team | Finals | Wind | H# |
|--------------------------|------|--------------|--------|------|----|
| 1 94 Jadan, Owen | 13 | Cowichan Val | 32.09 | NWI | 2 |
| 2 97 Maccullough, Jake | 13 | Cowichan Val | 32.63 | NWI | 1 |
| 3 193 Luksay, Thomas | 13 | Oceanside Tr | 32.65 | NWI | 1 |
| 4 250 Baetz, Andrew | 13 | Oceanside Tr | 33.30 | NWI | 1 |
| 5 185 Aikman - Heir, Kai | 13 | Oceanside Tr | 33.93 | NWI | 1 |
| 6 151 Fontaine, Colten | 13 | Nanaimo & Di | 34.77 | NWI | 1 |
| 7 6 Dornan, O'Brian | 13 | Alberni Vall | 34.83 | NWI | 2 |
| 8 89 Cheema, Bakshish | 13 | Cowichan Val | 35.31 | NWI | 1 |
| 9 197 Scott, Connor | 13 | Oceanside Tr | 35.83 | NWI | 1 |
| 10 160 McCulloch, Alec | 13 | Nanaimo & Di | 36.03 | NWI | 2 |
| 11 198 Walker, Wiley | 13 | Oceanside Tr | 38.46 | NWI | 2 |

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Event 31 Girls 12 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 44 Schmidt, Avery | 12 | Comox Valley | 32.57 | NWI |
| 2 | 50 Wesner, Meadow | 12 | Comox Valley | 36.84 | NWI |

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Event 32 Boys 12 Year Olds 200 Meter Dash

| ===== | | | | | | |
|-------|------|--------------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 100 | Ramstead, Liam | 12 | Cowichan Val | 32.00 | NWI |
| 2 | 9 | Masa, Austin | 12 | Alberni Vall | 32.49 | NWI |
| 3 | 62 | Zaal, Carter | 12 | Comox Valley | 32.89 | NWI |
| 4 | 11 | Pritchard, Pace | 12 | Alberni Vall | 34.22 | NWI |
| 5 | 200 | Williamson, Rowan | 12 | Oceanside Tr | 34.95 | NWI |
| 6 | 194 | O'Reilly, Waylin | 12 | Oceanside Tr | 36.73 | NWI |
| 7 | 199 | Williamson, Dryden | 12 | Oceanside Tr | 41.22 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 33 Girls 13 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 140 Webber, Skyla | 11 | Nanaimo & Di | 29.94 | NWI |
| 2 | 66 Cheema, Miri Liv | 11 | Cowichan Val | 35.18 | NWI |
| 3 | 247 Lundman, Sofia | 11 | Nanaimo & Di | 36.15 | NWI |
| 4 | 127 Jeffries, Lila | 11 | Nanaimo & Di | 39.88 | NWI |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 34 Men 13 Year Olds 200 Meter Dash

| ===== | | | | | |
|-------|-----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 205 Holmgren, Coen | 11 | Peninsula Tr | 29.55 | NWI |
| 2 | 168 Ryan, Ben | 11 | Nanaimo & Di | 29.84 | NWI |
| 3 | 143 Brand, Jonas | 11 | Nanaimo & Di | 29.96 | NWI |
| 4 | 101 Ramstead, Zachary | 11 | Cowichan Val | 36.07 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 35 Women 14-15 200 Meter Dash

| ===== | | | | | | |
|-------|------------------------|------|--------------|--------|------|----|
| | Name | Year | Team | Finals | Wind | H# |
| ===== | | | | | | |
| 1 | 116 Brand, Danaea | 09 | Nanaimo & Di | 28.37 | -0.7 | 2 |
| 2 | 39 Lewis, Addison | 09 | Comox Valley | 29.42 | NWI | 1 |
| 3 | 241 Owusu-Nyamekye, Oh | 09 | Victoria Spe | 30.09 | -0.7 | 2 |
| 4 | 248 Fred, Erica | 10 | Unattached | 30.51 | NWI | 1 |
| 5 | 219 Stephens, Brea | 10 | Unattached | 36.56 | NWI | 1 |
| 6 | 237 Walker, Addison | 10 | Unknown | 38.69 | NWI | 1 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 36 Men 14-15 200 Meter Dash

| ===== | | | | | |
|-------|-----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 58 Smallacombe, Simon | 09 | Comox Valley | 25.53 | -0.4 |
| 2 | 167 Ohiaeri, Chinazor | 09 | Nanaimo & Di | 27.17 | -0.4 |
| 3 | 206 Holmgren, Emilian | 09 | Peninsula Tr | 28.53 | -0.4 |
| 4 | 156 Kolen-Lee, Jonah | 10 | Nanaimo & Di | 29.69 | -0.4 |
| 5 | 232 Wynans, Isaac | 10 | Unattached | 31.69 | -0.4 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 37 Women 16-17 200 Meter Dash

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 49 Wesner, Maile | 08 | Comox Valley | 28.33 | NWI |
| 2 | 35 Galik, Gillian | 08 | Comox Valley | 29.63 | NWI |
| 3 | 211 Cyr, Brooklyn | 08 | Unattached | 29.68 | NWI |
| 4 | 51 Zaal, Kylie | 08 | Comox Valley | 31.17 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 39 Men 16-17 200 Meter Dash

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 8 Ivezich, Kolton | 07 | Alberni Vall | 23.71 | NWI |
| 2 | 10 Mitchell, Riley | 07 | Alberni Vall | 23.96 | NWI |
| 3 | 150 Esleyer, Gavin | 08 | Nanaimo & Di | 24.04 | NWI |
| 4 | 225 Acosta, Lucas | 08 | Unattached | 24.42 | NWI |
| 5 | 228 Hillman, Joshua | 08 | Unattached | 24.85 | NWI |
| 6 | 7 Ingalls, Cohen | 08 | Alberni Vall | 26.57 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 40 Girls 12 Year Olds 300 Meter Dash

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 44 Schmidt, Avery | 12 Comox Valley | 52.31 |
| 2 | 181 Procter, Abbie | 12 Oceanside Tr | 53.78 |
| 3 | 86 Wismer, Stella | 12 Cowichan Val | 55.02 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 41 Boys 12 Year Olds 300 Meter Dash

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 100 Ramstead, Liam | 12 Cowichan Val | 51.56 |
| 2 | 9 Masa, Austin | 12 Alberni Vall | 52.46 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 42 Girls 13 Year Olds 300 Meter Dash

| ===== | | | |
|-------|------------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 125 Hill, Katie | 11 Nanaimo & Di | 50.51 |
| 2 | 204 Van Der Berg, Char | 11 Peninsula Tr | 52.75 |
| 3 | 79 Smith, Phoebe | 11 Cowichan Val | 54.18 |
| 4 | 179 Hebb, Payton | 11 Oceanside Tr | 54.58 |
| 5 | 24 MacKenzie, Makayla | 11 Campbell Riv | 57.35 |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 43 Boys 13 Year Olds 300 Meter Dash

| ===== | | | |
|-------|------|-------------------|-------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 205 | Holmgren, Coen | 11 Peninsula Tr 47.31 |
| 2 | 168 | Ryan, Ben | 11 Nanaimo & Di 51.83 |
| 3 | 101 | Ramstead, Zachary | 11 Cowichan Val 1:00.12 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 44 Girls 14-15 300 Meter Dash

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 203 Martin, Elly | 09 Peninsula Tr | 45.92 |
| 2 | 248 Fred, Erica | 10 Unattached | 47.58 |
| 3 | 202 Haynes, Rosie | 10 Peninsula Tr | 50.45 |
| 4 | 213 Golemba, Sejal | 09 Unattached | 50.60 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 45 Boys 14-15 300 Meter Dash

| ===== | | | | |
|-------|------|-------------------|-----------------|---------|
| Name | Year | Team | Finals | H# |
| ===== | | | | |
| 1 | 242 | Hill, Tristan | 10 Victoria Spe | 42.68 1 |
| 2 | 206 | Holmgren, Emilian | 09 Peninsula Tr | 44.33 2 |
| 3 | 167 | Ohiaeri, Chinazor | 09 Nanaimo & Di | 46.51 2 |
| 4 | 157 | Luch, Ryan | 10 Nanaimo & Di | 47.22 1 |
| 5 | 156 | Kolen-Lee, Jonah | 10 Nanaimo & Di | 47.56 2 |
| 6 | 170 | Sinclair, Oliver | 10 Nanaimo & Di | 50.03 1 |
| 7 | 249 | Jimenez, Evan | 10 Unattached | 50.84 2 |
| 8 | 96 | Lazenby, Robert | 10 Cowichan Val | 56.04 1 |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 47 Women 16-17 400 Meter Dash

| ===== | | | |
|-------|-------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 51 Zaal, Kylie | 08 Comox Valley | 1:11.57 |
| 2 | 211 Cyr, Brooklyn | 08 Unattached | 1:12.03 |
| 3 | 45 Steele, Kiera | 08 Comox Valley | 1:16.40 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 48 Men 16-17 400 Meter Dash

| ===== | | | | |
|-------|---------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 150 Esleyer, Gavin | 08 | Nanaimo & Di | 53.29 |
| 2 | 8 Ivezich, Kolton | 07 | Alberni Vall | 53.31 |
| 3 | 10 Mitchell, Riley | 07 | Alberni Vall | 55.74 |
| 4 | 228 Hillman, Joshua | 08 | Unattached | 56.14 |
| 5 | 7 Ingalls, Cohen | 08 | Alberni Vall | 58.51 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 49 Women 18-19 400 Meter Dash

| ===== | | | |
|-------|------------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 240 Mcdowell-Mitchell, | 05 Victoria Spe | 1:00.75 |
| 2 | 238 Lubben, Skyler | 06 Victoria Spe | 1:01.26 |
| 3 | 27 Borsa, Chyvonne | 06 Club Rapide | 1:02.49 |
| 4 | 133 Paris, Lydia | 06 Nanaimo & Di | 1:03.10 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 49 Women 75-79 400 Meter Dash

| ===== | | |
|-------------------------|-----------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 114 Bissessur, Sandra | 49 Nanaimo & Di | 1:35.37 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 50 Men 18-19 400 Meter Dash

| ===== | | | | |
|-------|------------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 149 Doniol-Valcroze, V | 06 | Nanaimo & Di | 57.27 |
| 2 | 243 Lim, Mackensie | 06 | Victoria Spe | 57.28 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 50 Men 20-34 400 Meter Dash

| ===== | | | |
|-------|------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 246 Taylor, Nick | 96 Victoria Spe | 53.37 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 50 Men 40-44 400 Meter Dash

| ===== | | | |
|-------|-------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 95 Jadan, Patrick | 84 Cowichan Val | 1:06.53 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 50 Men 45-49 400 Meter Dash

| ===== | | | | |
|-------|---------------------|------|--------------|---------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 171 Sinclair, Peter | 76 | Nanaimo & Di | 1:00.58 |
| 2 | 235 Hanes, Colin | 77 | Unattached B | 1:06.96 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 51 Girls 9 Year Olds 600 Meter Run

| ===== | | |
|-------|-------------------------------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 | 77 Maccullough, Eva 15 Cowichan Val | 2:46.94 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 52 Boys 9 Year Olds 600 Meter Run

| ===== | | | |
|-------|-----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 174 Tripathi, Nirvaan | 15 Nanaimo & Di | 2:13.48 |
| 2 | 106 Tweten, Jakob | 15 Cowichan Val | 2:14.67 |
| 3 | 14 Rogers, Henry | 15 Alberni Vall | 2:19.01 |
| 4 | 147 Dickson, Marcus | 15 Nanaimo & Di | 2:19.50 |
| 5 | 88 Cheema, Avtar | 15 Cowichan Val | 2:24.46 |
| 6 | 158 Luch, Tyler | 15 Nanaimo & Di | 2:27.11 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 53 Girls 10 Year Olds 600 Meter Run

| ===== | | | |
|-------|---------------|-----------------|---------|
| Name | Year Team | Finals | |
| ===== | | | |
| 1 | 73 Gaven, Ava | 14 Cowichan Val | 2:28.19 |
| 2 | 1 Brook, Emma | 14 Alberni Vall | 2:31.97 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 54 Boys 10 Year Olds 600 Meter Run

| ===== | | | |
|-------|-----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 169 Ryan, Owen | 14 Nanaimo & Di | 2:03.93 |
| 2 | 59 Taylor, Jackson | 14 Comox Valley | 2:12.75 |
| 3 | 107 Valastiak, Elijah | 14 Cowichan Val | 2:16.16 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 55 Girls 11 Year Olds 600 Meter Run

| ===== | | | | |
|-------|------|-------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 176 | Atkinson, Abigail | 13 Oceanside Tr | 1:59.28 |
| 2 | 72 | Fikowski, Evan | 13 Cowichan Val | 2:00.30 |
| 3 | 38 | Klassen, Rhea | 13 Comox Valley | 2:03.19 |
| 4 | 119 | Cunning, Fiona | 13 Nanaimo & Di | 2:12.37 |
| 5 | 177 | Bewsey, Olivia | 13 Oceanside Tr | 2:14.94 |
| 6 | 184 | Watson, Maya | 13 Oceanside Tr | 2:16.89 |
| 7 | 87 | Wong, Poppy | 13 Cowichan Val | 2:21.31 |
| 8 | 141 | Zhang, Chloe | 13 Nanaimo & Di | 2:25.73 |
| 9 | 82 | Tyler, Lottie | 13 Cowichan Val | 2:26.96 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 56 Boys 11 Year Olds 600 Meter Run

| ===== | | | | |
|-------|------|-------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 94 | Jadan, Owen | 13 Cowichan Val | 2:03.19 |
| 2 | 97 | Maccullough, Jake | 13 Cowichan Val | 2:04.20 |
| 3 | 52 | Fiander, Finnley | 13 Comox Valley | 2:05.05 |
| 4 | 193 | Luksay, Thomas | 13 Oceanside Tr | 2:05.44 |
| 5 | 89 | Cheema, Bakshish | 13 Cowichan Val | 2:05.78 |
| 6 | 250 | Baetz, Andrew | 13 Oceanside Tr | 2:07.26 |
| 7 | 151 | Fontaine, Colten | 13 Nanaimo & Di | 2:09.59 |
| 8 | 160 | McCulloch, Alec | 13 Nanaimo & Di | 2:10.88 |
| 9 | 198 | Walker, Wiley | 13 Oceanside Tr | 2:17.78 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 57 Girls 12 Year Olds 800 Meter Run

| ===== | | |
|-------|-----------------------------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 | 44 Schmidt, Avery 12 Comox Valley | 2:38.66 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 58 Boys 12 Year Olds 800 Meter Run

| ===== | | | |
|-------|------------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 100 Ramstead, Liam | 12 Cowichan Val | 2:43.65 |
| 2 | 9 Masa, Austin | 12 Alberni Vall | 2:52.48 |
| 3 | 13 Rogers, Casey | 12 Alberni Vall | 2:59.24 |
| 4 | 199 Williamson, Dryden | 12 Oceanside Tr | 3:28.13 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 59 Girls 13 Year Olds 800 Meter Run

| ===== | | | | |
|-------|------|--------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 125 | Hill, Katie | 11 Nanaimo & Di | 2:47.32 |
| 2 | 24 | MacKenzie, Makayla | 11 Campbell Riv | 2:59.03 |
| 3 | 66 | Cheema, Miri Liv | 11 Cowichan Val | 3:14.92 |
| 4 | 23 | Guthrie, Alivia | 11 Campbell Riv | 3:18.85 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 60 Boys 13 Year Olds 800 Meter Run

| ===== | | | |
|-------|-----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 205 Holmgren, Coen | 11 Peninsula Tr | 2:21.19 |
| 2 | 168 Ryan, Ben | 11 Nanaimo & Di | 2:41.83 |
| 3 | 101 Ramstead, Zachary | 11 Cowichan Val | 3:06.14 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 61 Girls 14-15 800 Meter Run

| ===== | | | |
|-------|----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 208 Gough, Charlotte | 09 Prairie Inn | 2:29.38 |
| 2 | 128 Lewis, Skyla | 09 Nanaimo & Di | 2:33.52 |
| 3 | 139 Sutton, Rebecca | 09 Nanaimo & Di | 2:40.46 |
| 4 | 202 Haynes, Rosie | 10 Peninsula Tr | 2:45.00 |
| 5 | 210 Carter, Naomi | 10 Unattached | 3:33.41 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 62 Boys 14-15 800 Meter Run

| ===== | | | | |
|-------|------|-------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 206 | Holmgren, Emilian | 09 Peninsula Tr | 2:16.06 |
| 2 | 145 | Cunning, Carter | 10 Nanaimo & Di | 2:19.18 |
| 3 | 191 | Folk, Bowen | 09 Oceanside Tr | 2:22.24 |
| 4 | 163 | Morse, Griffin | 09 Nanaimo & Di | 2:23.10 |
| 5 | 157 | Luch, Ryan | 10 Nanaimo & Di | 2:25.04 |
| 6 | 156 | Kolen-Lee, Jonah | 10 Nanaimo & Di | 2:31.87 |
| 7 | 26 | Granson, Carter | 09 Campbell Riv | 2:35.75 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 63 Women 16-17 800 Meter Run

| ===== | | | | |
|-------|-------------------|------|--------------|---------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 121 Gauthier, Ava | 08 | Nanaimo & Di | 2:24.86 |
| 2 | 49 Wesner, Maile | 08 | Comox Valley | 2:29.28 |
| 3 | 45 Steele, Kiera | 08 | Comox Valley | 2:52.30 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 65 Girls 10 1000 Meter Run

| ===== | | | |
|-------|------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 137 Reim, Adelyn | 14 Nanaimo & Di | 4:30.07 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 65 Girls 11 1000 Meter Run

| ===== | | | | |
|-------|------|-----------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 72 | Fikowski, Evan | 13 Cowichan Val | 3:41.61 |
| 2 | 38 | Klassen, Rhea | 13 Comox Valley | 3:44.53 |
| 3 | 177 | Bewsey, Olivia | 13 Oceanside Tr | 3:50.18 |
| 4 | 119 | Cunning, Fiona | 13 Nanaimo & Di | 4:04.30 |
| 5 | 184 | Watson, Maya | 13 Oceanside Tr | 4:07.81 |
| 6 | 120 | Dickson, Amelia | 13 Nanaimo & Di | 4:13.89 |
| 7 | 136 | Reilly, Caylen | 13 Nanaimo & Di | 4:19.63 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 66 Boys 9 1000 Meter Run

| ===== | | | |
|-------|-----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 174 Tripathi, Nirvaan | 15 Nanaimo & Di | 3:48.42 |
| 2 | 14 Rogers, Henry | 15 Alberni Vall | 4:03.76 |
| 3 | 88 Cheema, Avtar | 15 Cowichan Val | 4:08.28 |
| 4 | 147 Dickson, Marcus | 15 Nanaimo & Di | 4:08.69 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 66 Boys 10 1000 Meter Run

| ===== | | | |
|-------|--------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 99 Phillips, Henry | 14 Cowichan Val | 3:42.82 |
| 2 | 144 Clarke, Sawyer | 14 Nanaimo & Di | 4:05.01 |
| 3 | 109 Wismer, Niall | 14 Cowichan Val | 4:12.19 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 66 Boys 11 1000 Meter Run

| ===== | | | |
|-------|----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 94 Jadan, Owen | 13 Cowichan Val | 3:46.04 |
| 2 | 97 Maccullough, Jake | 13 Cowichan Val | 3:47.25 |
| 3 | 89 Cheema, Bakshish | 13 Cowichan Val | 3:52.10 |
| 4 | 103 Smith, Sebastian | 13 Cowichan Val | 3:53.30 |
| 5 | 110 Wright, Logan | 13 Cowichan Val | 4:05.01 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 67 Girls 12 1200 Meter Run

| ===== | | | | |
|-------|------|----------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 44 | Schmidt, Avery | 12 Comox Valley | 4:16.78 |
| 2 | 86 | Wismer, Stella | 12 Cowichan Val | 4:53.41 |
| 3 | 138 | Shimek, Jada | 12 Nanaimo & Di | 4:55.67 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 67 Girls 13 1200 Meter Run

| ===== | | | |
|-------|------|--------------------|-------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 125 | Hill, Katie | 11 Nanaimo & Di 4:30.41 |
| 2 | 111 | Argyle-Anderson, E | 11 Nanaimo & Di 4:37.92 |
| 3 | 118 | Clarke, Rowan | 11 Nanaimo & Di 4:41.75 |
| 4 | 24 | MacKenzie, Makayla | 11 Campbell Riv 4:42.75 |
| 5 | 179 | Hebb, Payton | 11 Oceanside Tr 4:52.37 |
| 6 | 79 | Smith, Phoebe | 11 Cowichan Val 4:52.47 |
| 7 | 84 | Valastiak, Alica | 11 Cowichan Val 5:05.48 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 68 Boys 12 1200 Meter Run

| ===== | | | |
|-------|--------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 100 Ramstead, Liam | 12 Cowichan Val | 4:23.71 |
| 2 | 13 Rogers, Casey | 12 Alberni Vall | 4:37.10 |
| 3 | 159 MacLeod, Iain | 12 Nanaimo & Di | 5:41.07 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 68 Boys 13 1200 Meter Run

| ===== | | | |
|-------|-----------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 205 Holmgren, Coen | 11 Peninsula Tr | 3:58.16 |
| 2 | 168 Ryan, Ben | 11 Nanaimo & Di | 4:21.24 |
| 3 | 101 Ramstead, Zachary | 11 Cowichan Val | 4:46.03 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 69 Women 14-15 1200 Meter Run

| ===== | | | | |
|-------|------|------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 32 | Cudmore, Indie | 09 Comox Valley | 4:07.22 |
| 2 | 128 | Lewis, Skyla | 09 Nanaimo & Di | 4:10.21 |
| 3 | 139 | Sutton, Rebecca | 09 Nanaimo & Di | 4:15.74 |
| 4 | 112 | Arkwright, Saige | 10 Nanaimo & Di | 4:16.16 |
| 5 | 239 | Lubben, Zoe | 10 Victoria Spe | 4:18.97 |
| 6 | 126 | James, Megan | 10 Nanaimo & Di | 4:19.80 |
| 7 | 202 | Haynes, Rosie | 10 Peninsula Tr | 4:27.95 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 70 Men 14-15 1200 Meter Run

| ===== | | | | |
|-------|----------------------|------|--------------|---------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 145 Cuning, Carter | 10 | Nanaimo & Di | 3:44.46 |
| 2 | 229 Hunt, Ethan | 09 | Unattached | 3:44.82 |
| 3 | 157 Luch, Ryan | 10 | Nanaimo & Di | 3:49.53 |
| 4 | 170 Sinclair, Oliver | 10 | Nanaimo & Di | 4:00.87 |
| 5 | 231 Olsen, Kane | 09 | Unattached | 4:23.86 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 71 Women 16-17 1500 Meter Run

| ===== | | | |
|-------|-------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 121 Gauthier, Ava | 08 Nanaimo & Di | 4:59.79 |
| 2 | 29 Romanik, Elsa | 08 Club Rapide | 5:34.55 |
| 3 | 45 Steele, Kiera | 08 Comox Valley | 6:11.89 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 71 Women 18-19 1500 Meter Run

| ===== | | |
|--------------------|-----------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 134 Prince, Nora | 06 Nanaimo & Di | 5:30.23 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 72 Men 16-17 1500 Meter Run

| ===== | | | | |
|-------|---------------------|------|--------------|---------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 142 Beaudoin, Rhys | 08 | Nanaimo & Di | 4:19.85 |
| 2 | 166 Nixon, Lorenzo | 07 | Nanaimo & Di | 4:46.92 |
| 3 | 230 Nelson, Trenton | 08 | Unattached | 5:39.42 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 72 Men 45-49 1500 Meter Run

| ===== | | | |
|-------|---------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 171 Sinclair, Peter | 76 Nanaimo & Di | 4:31.58 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 75 Girls 14-15 2000 Meter Run

| ===== | | | |
|-------|-------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 128 Lewis, Skyla | 09 Nanaimo & Di | 7:44.25 |
| 2 | 202 Haynes, Rosie | 10 Peninsula Tr | 8:07.47 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 76 Boys 14-15 2000 Meter Run

| ===== | | | |
|-------|---------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 145 Cunning, Carter | 10 Nanaimo & Di | 6:47.09 |
| 2 | 93 Henry, Cody | 09 Cowichan Val | 7:01.57 |
| 3 | 231 Olsen, Kane | 09 Unattached | 7:37.88 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 77 Women 18-19 3000 Meter Run

| ===== | | |
|--------------------|-----------------|----------|
| Name | Year Team | Finals |
| ===== | | |
| 1 134 Prince, Nora | 06 Nanaimo & Di | 12:15.76 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 83 Girls 11 800 Meter Race Walk

| ===== | | |
|---------------------|-----------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 119 Cuning, Fiona | 13 Nanaimo & Di | 6:36.35 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 83 Boys 10 800 Meter Race Walk

| ===== | | | | |
|-------|------|-------------------|-----------------|---------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 107 | Valastiak, Elijah | 14 Cowichan Val | 7:15.73 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 83 Boys 11 800 Meter Race Walk

| ===== | | |
|---------------------|-----------------|---------|
| Name | Year Team | Finals |
| ===== | | |
| 1 197 Scott, Connor | 13 Oceanside Tr | 6:40.09 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 85 Mixed 13-15 1500 Meter Race Walk

| ===== | | | |
|-------|------|--------------------|---------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 84 | Valastiak, Alica | W11 Cowichan Val 10:28.89 |
| 2 | 24 | MacKenzie, Makayla | W11 Campbell Riv 10:32.07 |
| 3 | 247 | Lundman, Sofia | W11 Nanaimo & Di 10:34.58 |
| 4 | 96 | Lazenby, Robert | M10 Cowichan Val 10:48.45 |
| 5 | 178 | Desvaux, Sophia | W09 Oceanside Tr 11:08.67 |
| -- | 234 | Pillay, Keera | W10 Unattached B DQ |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 100 Boys 9 Year Olds 60 Meter Hurdles 6 x 21"

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 186 Barlow, Easton | 15 | Oceanside Tr | 13.25 | NWI |
| 2 | 88 Cheema, Avtar | 15 | Cowichan Val | 14.00 | NWI |
| 3 | 147 Dickson, Marcus | 15 | Nanaimo & Di | 15.04 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 101 Girls 10 Year Olds 60 Meter Hurdles 6 x 24"

| ===== | | | | |
|-----------|---------------|-----------------|-------|-----|
| Name | | | | |
| Year Team | | Finals | Wind | |
| ===== | | | | |
| 1 | 1 Brook, Emma | 14 Alberni Vall | 26.41 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 102 Boys 10 Year Olds 60 Meter Hurdles 6 x 24"

| ===== | | | | | |
|-------|------|--------------------|-----------------|-------|-----|
| Name | Year | Team | Finals | Wind | |
| ===== | | | | | |
| 1 | 244 | Owusu-Nyamekye, Na | 14 Victoria Spe | 11.39 | NWI |
| 2 | 169 | Ryan, Owen | 14 Nanaimo & Di | 12.48 | NWI |
| 3 | 165 | Newstone, Chase | 14 Nanaimo & Di | 12.52 | NWI |
| 4 | 175 | Webber, Israel | 14 Nanaimo & Di | 13.68 | NWI |
| 5 | 5 | Askerhaug Tordoya, | 14 Alberni Vall | 13.75 | NWI |
| 6 | 54 | Hoselton, Henry | 14 Comox Valley | 14.11 | NWI |
| 7 | 107 | Valastiak, Elijah | 14 Cowichan Val | 15.10 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 103 Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

| ===== | | | | | |
|-------|------------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 132 Oyenuga, Imisioluw | 13 | Nanaimo & Di | 11.97 | NWI |
| 2 | 38 Klassen, Rhea | 13 | Comox Valley | 12.11 | NWI |
| 3 | 72 Fikowski, Evan | 13 | Cowichan Val | 12.17 | NWI |
| 4 | 120 Dickson, Amelia | 13 | Nanaimo & Di | 12.59 | NWI |
| 5 | 177 Bewsey, Olivia | 13 | Oceanside Tr | 13.46 | NWI |
| 6 | 87 Wong, Poppy | 13 | Cowichan Val | 14.26 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 104 Boys 11 Year Olds 60 Meter Hurdles 6 x 24"

| ===== | | | | | | |
|-----------|-----|------------------|----|--------------|-------|-----|
| Name | | | | | | |
| Year Team | | | | | | |
| Finals | | | | | | |
| Wind | | | | | | |
| ===== | | | | | | |
| 1 | 250 | Baetz, Andrew | 13 | Oceanside Tr | 11.33 | NWI |
| 2 | 104 | Tshibangu, Jason | 13 | Cowichan Val | 12.06 | NWI |
| 3 | 89 | Cheema, Bakshish | 13 | Cowichan Val | 12.14 | NWI |
| 4 | 193 | Luksay, Thomas | 13 | Oceanside Tr | 12.28 | NWI |
| 5 | 94 | Jadan, Owen | 13 | Cowichan Val | 13.52 | NWI |
| 6 | 151 | Fontaine, Colten | 13 | Nanaimo & Di | 15.07 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 105 Girls 12 Year Olds 80 Meter Hurdles 8 x 27"

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 201 Barker, Daisy | 12 | Peninsula Tr | 17.90 | NWI |
| 2 | 50 Wesner, Meadow | 12 | Comox Valley | 19.74 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 106 Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

| ===== | | | | | | |
|-------|------|----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 100 | Ramstead, Liam | 12 | Cowichan Val | 16.55 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 107 Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

| ===== | | | | | | |
|-----------|-----|----------------|----|--------------|-------|-----|
| Name | | | | | | |
| Year Team | | | | | | |
| Finals | | | | | | |
| Wind | | | | | | |
| ===== | | | | | | |
| 1 | 140 | Webber, Skyla | 11 | Nanaimo & Di | 14.28 | NWI |
| 2 | 125 | Hill, Katie | 11 | Nanaimo & Di | 17.23 | NWI |
| 3 | 183 | Scott, Madison | 11 | Oceanside Tr | 19.19 | NWI |
| 4 | 247 | Lundman, Sofia | 11 | Nanaimo & Di | 20.45 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 108 Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

| ===== | | | | | | |
|-------|------|-------------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 101 | Ramstead, Zachary | 11 | Cowichan Val | 17.98 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 109 Girls 14-15 80 Meter Hurdles 8 x 30"

| ===== | | | | | |
|-------|--------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 113 Bell, Tessa | 09 | Nanaimo & Di | 12.98 | 0.1 |
| 2 | 222 Wheatley, Nya | 09 | Unattached | 13.04 | 0.1 |
| 3 | 39 Lewis, Addison | 09 | Comox Valley | 14.00 | 0.1 |
| 4 | 221 Wheatley, Esme | 10 | Unattached | 15.57 | 0.1 |
| 5 | 15 Chell, Kajsa | 09 | Athletics Vi | 15.62 | 0.1 |
| 6 | 223 Wolff, Mia | 10 | Unattached | 19.22 | 0.1 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 112 Men 80-99 80 Meter Hurdles 8 x 27"

| ===== | | | | | |
|-------|------|----------------|--------|--------------|-----------|
| Name | Year | Team | Finals | Wind | |
| ===== | | | | | |
| 1 | 236 | Thompson, Lynn | 39 | Unattached B | 20.33 NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 120 Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 44 Schmidt, Avery | 12 | Comox Valley | 36.50 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 121 Boys 12 Year Olds 200 Meter Hurdles 5 x 24"

| ===== | | | | | |
|-------|--------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 100 Ramstead, Liam | 12 | Cowichan Val | 35.08 | NWI |
| 2 | 11 Pritchard, Pace | 12 | Alberni Vall | 40.38 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 122 Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

| ===== | | | | | | |
|-------|------|---------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 140 | Webber, Skyla | 11 | Nanaimo & Di | 33.06 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 123 Boys 13 Year Olds 200 Meter Hurdles 5 x 27"

| ===== | | | | | | |
|-------|------|-------------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 101 | Ramstead, Zachary | 11 | Cowichan Val | 38.42 | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 124 Girls 14-15 300 Meter Hurdles 7 x 30"

| ===== | | | |
|-------|------|----------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 222 | Wheatley, Nya | 09 Unattached 48.59 |
| 2 | 203 | Martin, Elly | 09 Peninsula Tr 50.62 |
| 3 | 221 | Wheatley, Esme | 10 Unattached 53.48 |
| 4 | 15 | Chell, Kajsa | 09 Athletics Vi 54.51 |
| 5 | 223 | Wolff, Mia | 10 Unattached 1:02.35 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 142 Boys 9 Year Olds High Jump

| ===== | | |
|----------------------|-----------------|--------|
| Name | Year Team | Finals |
| ===== | | |
| 1 186 Barlow, Easton | 15 Oceanside Tr | 0.90m |
| 1 158 Luch, Tyler | 15 Nanaimo & Di | 0.90m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 145 Girls 10 High Jump

| ===== | | | |
|-------|---------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 73 Gaven, Ava | 14 Cowichan Val | 0.85m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 145 Girls 11 High Jump

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 81 | Tshibangu, Joyce | 13 Cowichan Val | 1.30m |
| 2 | 184 | Watson, Maya | 13 Oceanside Tr | 1.20m |
| 3 | 132 | Oyenuga, Imisioluw | 13 Nanaimo & Di | J1.20m |
| 4 | 176 | Atkinson, Abigail | 13 Oceanside Tr | 1.10m |
| 5 | 72 | Fikowski, Evan | 13 Cowichan Val | J1.10m |
| 6 | 120 | Dickson, Amelia | 13 Nanaimo & Di | J1.10m |
| 7 | 177 | Bewsey, Olivia | 13 Oceanside Tr | J1.10m |
| 8 | 38 | Klassen, Rhea | 13 Comox Valley | 1.00m |
| 9 | 122 | Gauthier, Georgia | 13 Nanaimo & Di | J1.00m |
| 10 | 87 | Wong, Poppy | 13 Cowichan Val | 0.90m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 146 Boys 10 High Jump

| ===== | | | |
|-------|------|--------------------|------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 169 | Ryan, Owen | 14 Nanaimo & Di 1.15m |
| 2 | 107 | Valastiak, Elijah | 14 Cowichan Val J1.15m |
| 3 | 109 | Wismer, Niall | 14 Cowichan Val 1.05m |
| 4 | 144 | Clarke, Sawyer | 14 Nanaimo & Di J1.05m |
| 5 | 175 | Webber, Israel | 14 Nanaimo & Di 1.00m |
| 6 | 195 | Procter, Oliver | 14 Oceanside Tr J1.00m |
| 7 | 5 | Askerhaug Tordoya, | 14 Alberni Vall 0.95m |
| 8 | 99 | Phillips, Henry | 14 Cowichan Val 0.90m |
| -- | 192 | Lee, Isaac | 14 Oceanside Tr NH |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 146 Boys 11 High Jump

| ===== | | | | |
|-------|------|------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 104 | Tshibangu, Jason | 13 Cowichan Val | 1.30m |
| 2 | 103 | Smith, Sebastian | 13 Cowichan Val | 1.20m |
| 3 | 92 | Fast, Xavier | 13 Cowichan Val | 1.10m |
| 4 | 190 | Donohoe, James | 13 Oceanside Tr | J1.10m |
| 5 | 193 | Luksay, Thomas | 13 Oceanside Tr | 1.05m |
| 6 | 89 | Cheema, Bakshish | 13 Cowichan Val | J1.05m |
| 7 | 151 | Fontaine, Colten | 13 Nanaimo & Di | J1.05m |
| 8 | 52 | Fiander, Finnley | 13 Comox Valley | 1.00m |
| 9 | 94 | Jadan, Owen | 13 Cowichan Val | J1.00m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 148 Girls 12 High Jump

| ===== | | | | |
|-------|-------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 44 Schmidt, Avery | 12 | Comox Valley | 1.20m |
| 2 | 50 Wesner, Meadow | 12 | Comox Valley | 1.05m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 148 Girls 13 High Jump

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 48 | Van Zanden, Molly | 11 Comox Valley | 1.30m |
| 2 | 125 | Hill, Katie | 11 Nanaimo & Di | J1.30m |
| 3 | 140 | Webber, Skyla | 11 Nanaimo & Di | 1.25m |
| 4 | 24 | MacKenzie, Makayla | 11 Campbell Riv | J1.25m |
| 5 | 21 | Granson, Kinley | 11 Campbell Riv | 1.20m |
| 6 | 84 | Valastiak, Alica | 11 Cowichan Val | 1.15m |
| 7 | 247 | Lundman, Sofia | 11 Nanaimo & Di | J1.15m |
| 8 | 183 | Scott, Madison | 11 Oceanside Tr | J1.15m |
| 9 | 68 | De Cunha, Emma-Lin | 11 Cowichan Val | J1.15m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 149 Boys 12 High Jump

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 56 Rose, Gavin | 12 Comox Valley | 1.25m |
| 2 | 100 Ramstead, Liam | 12 Cowichan Val | 1.20m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 149 Boys 13 High Jump

| ===== | | | | |
|-------|------|--------------------|-----------------|-------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 105 | Tshibangu, Joeffre | 11 Cowichan Val | 1.40m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 150 Girls 14-15 High Jump

| ===== | | | |
|-------|------|--------------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 113 | Bell, Tessa | 09 Nanaimo & Di 1.50m |
| 2 | 80 | Tshibangu, Jessica | 09 Cowichan Val 1.45m |
| -- | 237 | Walker, Addison | 10 Unknown NH |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 151 Boys 14-15 High Jump

| ===== | | | | |
|-------|-----------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 58 Smallacombe, Simon | 09 | Comox Valley | 1.70m |
| 2 | 26 Granson, Carter | 09 | Campbell Riv | 1.40m |
| 3 | 156 Kolen-Lee, Jonah | 10 | Nanaimo & Di | J1.40m |
| 4 | 249 Jimenez, Evan | 10 | Unattached | 1.15m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 157 Women 18-19 High Jump

| ===== | | |
|--------------------|-----------------|--------|
| Name | Year Team | Finals |
| ===== | | |
| 1 133 Paris, Lydia | 06 Nanaimo & Di | 1.50m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 160 Girls 9 Year Olds Long Jump

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 75 Grieve, Obeline | 15 | Cowichan Val | 2.65m | NWI |
| 2 | 77 Maccullough, Eva | 15 | Cowichan Val | 2.05m | NWI |
| 3 | 4 Paterson, Abigail | 15 | Alberni Vall | 1.65m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 161 Boys 9 Year Olds Long Jump

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 186 Barlow, Easton | 15 | Oceanside Tr | 2.79m | NWI |
| 2 | 88 Cheema, Avtar | 15 | Cowichan Val | 2.67m | NWI |
| 3 | 147 Dickson, Marcus | 15 | Nanaimo & Di | 2.42m | NWI |
| -- | 158 Luch, Tyler | 15 | Nanaimo & Di | FOUL | |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 162 Girls 10 Long Jump

| ===== | | | | | |
|-------|------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 40 Lewis, Emmy | 14 | Comox Valley | 2.53m | NWI |
| 2 | 137 Reim, Adelyn | 14 | Nanaimo & Di | 2.26m | NWI |
| 3 | 73 Gaven, Ava | 14 | Cowichan Val | 2.04m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 162 Girls 11 Long Jump

| ===== | | | | |
|-------|------|-------------------|-----------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 81 | Tshibangu, Joyce | 13 Cowichan Val | 3.39m NWI |
| 2 | 176 | Atkinson, Abigail | 13 Oceanside Tr | 3.30m NWI |
| 3 | 120 | Dickson, Amelia | 13 Nanaimo & Di | 3.06m NWI |
| 4 | 141 | Zhang, Chloe | 13 Nanaimo & Di | 2.93m NWI |
| 5 | 72 | Fikowski, Evan | 13 Cowichan Val | 2.92m NWI |
| 6 | 119 | Cunning, Fiona | 13 Nanaimo & Di | 2.91m NWI |
| 6 | 83 | Vaisius, Nadia | 13 Cowichan Val | 2.91m NWI |
| 8 | 82 | Tyler, Lottie | 13 Cowichan Val | 2.88m NWI |
| 9 | 182 | Provoost, Hannah | 13 Oceanside Tr | 2.70m NWI |
| 10 | 184 | Watson, Maya | 13 Oceanside Tr | 2.52m NWI |
| 11 | 136 | Reilly, Caylen | 13 Nanaimo & Di | 2.39m NWI |
| 12 | 122 | Gauthier, Georgia | 13 Nanaimo & Di | 2.34m NWI |
| 12 | 30 | Zhang, Anna | 13 Club Rapide | 2.34m NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 164 Boys 10 Long Jump

| ===== | | | | | |
|-------|------|--------------------|-----------------|-------|-----|
| Name | Year | Team | Finals | Wind | |
| ===== | | | | | |
| 1 | 169 | Ryan, Owen | 14 Nanaimo & Di | 3.33m | NWI |
| 2 | 107 | Valastiak, Elijah | 14 Cowichan Val | 3.27m | NWI |
| 3 | 165 | Newstone, Chase | 14 Nanaimo & Di | 3.20m | NWI |
| 4 | 175 | Webber, Israel | 14 Nanaimo & Di | 3.15m | NWI |
| 5 | 5 | Askerhaug Tordoya, | 14 Alberni Vall | 3.05m | NWI |
| 6 | 59 | Taylor, Jackson | 14 Comox Valley | 2.97m | NWI |
| 7 | 189 | Binder, Kaleb | 14 Oceanside Tr | 2.79m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 164 Boys 11 Long Jump

| ===== | | | | | |
|-------|------|--------------------|-----------------|--------|-----|
| Name | Year | Team | Finals | Wind | |
| ===== | | | | | |
| 1 | 104 | Tshibangu, Jason | 13 Cowichan Val | 3.96m | NWI |
| 2 | 92 | Fast, Xavier | 13 Cowichan Val | 3.60m | NWI |
| 3 | 193 | Luksay, Thomas | 13 Oceanside Tr | 3.58m | NWI |
| 4 | 160 | McCulloch, Alec | 13 Nanaimo & Di | J3.58m | NWI |
| 5 | 94 | Jadan, Owen | 13 Cowichan Val | 3.57m | NWI |
| 6 | 151 | Fontaine, Colten | 13 Nanaimo & Di | 3.55m | NWI |
| 7 | 97 | Maccullough, Jake | 13 Cowichan Val | 3.48m | NWI |
| 8 | 89 | Cheema, Bakshish | 13 Cowichan Val | 3.43m | NWI |
| 9 | 185 | Aikman - Heir, Kai | 13 Oceanside Tr | 3.34m | NWI |
| 10 | 250 | Baetz, Andrew | 13 Oceanside Tr | 3.25m | NWI |
| 11 | 197 | Scott, Connor | 13 Oceanside Tr | 3.07m | NWI |
| 12 | 52 | Fiander, Finnley | 13 Comox Valley | 2.88m | NWI |
| 13 | 190 | Donohoe, James | 13 Oceanside Tr | 2.84m | NWI |
| 14 | 110 | Wright, Logan | 13 Cowichan Val | 2.63m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 165 Girls 12 Long Jump

| ===== | | | | | |
|-------|---------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 71 Erickson, Sydnee | 12 | Cowichan Val | 3.48m | NWI |
| 2 | 86 Wismer, Stella | 12 | Cowichan Val | 3.28m | NWI |
| 3 | 201 Barker, Daisy | 12 | Peninsula Tr | 3.18m | NWI |
| 4 | 20 Engel, Ivy | 12 | Campbell Riv | 2.48m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 165 Girls 13 Long Jump

| Name | Year | Team | Finals | Wind |
|--------------------------|------|--------------|--------|------|
| 1 140 Webber, Skyla | 11 | Nanaimo & Di | 4.27m | NWI |
| 2 21 Granson, Kinley | 11 | Campbell Riv | 3.73m | NWI |
| 3 125 Hill, Katie | 11 | Nanaimo & Di | 3.71m | NWI |
| 4 123 Gauthier, Lucia | 11 | Nanaimo & Di | 3.60m | NWI |
| 5 79 Smith, Phoebe | 11 | Cowichan Val | 3.52m | NWI |
| 6 24 MacKenzie, Makayla | 11 | Campbell Riv | 3.40m | NWI |
| 7 204 Van Der Berg, Char | 11 | Peninsula Tr | 3.33m | NWI |
| 8 68 De Cunha, Emma-Lin | 11 | Cowichan Val | 3.19m | NWI |
| 9 111 Argyle-Anderson, E | 11 | Nanaimo & Di | 3.11m | NWI |
| 10 183 Scott, Madison | 11 | Oceanside Tr | 2.95m | NWI |
| 11 84 Valastiak, Alica | 11 | Cowichan Val | 2.94m | NWI |
| 12 216 Luksay, Ally | 11 | Unattached | 2.81m | NWI |
| 13 66 Cheema, Miri Liv | 11 | Cowichan Val | 2.65m | NWI |
| 14 23 Guthrie, Alivia | 11 | Campbell Riv | 2.42m | NWI |
| 15 22 Griffiths, Frankie | 11 | Campbell Riv | 2.33m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 166 Boys 12 Long Jump

| ===== | | | | | |
|-------|-----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 9 Masa, Austin | 12 | Alberni Vall | 3.64m | NWI |
| 2 | 100 Ramstead, Liam | 12 | Cowichan Val | 3.54m | NWI |
| 3 | 188 Binder, Declan | 12 | Oceanside Tr | 3.36m | NWI |
| 4 | 13 Rogers, Casey | 12 | Alberni Vall | 3.23m | NWI |
| 5 | 56 Rose, Gavin | 12 | Comox Valley | 3.22m | NWI |
| 6 | 200 Williamson, Rowan | 12 | Oceanside Tr | 3.21m | NWI |
| 7 | 194 O'Reilly, Waylin | 12 | Oceanside Tr | 2.89m | NWI |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 166 Boys 13 Long Jump

| ===== | | | | | |
|-------|------------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 105 Tshibangu, Joeffre | 11 | Cowichan Val | 3.96m | NWI |
| 2 | 168 Ryan, Ben | 11 | Nanaimo & Di | 3.78m | NWI |
| 3 | 143 Brand, Jonas | 11 | Nanaimo & Di | 3.73m | NWI |
| 4 | 101 Ramstead, Zachary | 11 | Cowichan Val | 3.39m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 167 Girls 14-15 Long Jump

| ===== | | | | | |
|-------|-----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 113 Bell, Tessa | 09 | Nanaimo & Di | 5.23m | NWI |
| 2 | 39 Lewis, Addison | 09 | Comox Valley | 4.73m | NWI |
| 3 | 15 Chell, Kajsa | 09 | Athletics Vi | 4.61m | NWI |
| 4 | 203 Martin, Elly | 09 | Peninsula Tr | 4.42m | NWI |
| 5 | 80 Tshibangu, Jessica | 09 | Cowichan Val | 4.28m | NWI |
| 6 | 25 Ntalintumire, Anni | 09 | Campbell Riv | 4.07m | NWI |
| 7 | 28 Chase, Brooklyn | 10 | Club Rapide | 3.30m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 168 Boys 14-15 Long Jump

| ===== | | | | | |
|-------|----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 156 Kolen-Lee, Jonah | 10 | Nanaimo & Di | 4.92m | NWI |
| 2 | 31 Zhang, Alex | 09 | Club Rapide | 4.87m | NWI |
| 3 | 191 Folk, Bowen | 09 | Oceanside Tr | 4.83m | NWI |
| 4 | 26 Granson, Carter | 09 | Campbell Riv | 4.40m | NWI |
| 5 | 108 Weir, Jacob | 10 | Cowichan Val | 3.11m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 170 Women 16-17 Long Jump

| ===== | | | | |
|-------|------|----------------|-----------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 69 | de Leeuw, Lyla | 08 Cowichan Val | 4.76m NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 171 Men 16-17 Long Jump

| ===== | | | | |
|-------|------|-----------------|---------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 230 | Nelson, Trenton | 08 Unattached | 3.96m NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 174 Women 18-19 Long Jump

| ===== | | | | |
|-------|------|-----------------|---------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 217 | McDougall, Ella | 06 Unattached | 3.83m NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 177 Men 18-19 Long Jump

| ===== | | | | |
|-------|------|----------------|--------|------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 57 | Servos, Justin | 6.04m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 177 Men 85-89 Long Jump

| ===== | | | | | | |
|-------|------|----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 236 | Thompson, Lynn | 39 | Unattached B | 3.16m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 178 Girls 13 Triple Jump

| ===== | | | | |
|-------|------|-----------------|-----------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 21 | Granson, Kinley | 11 Campbell Riv | 8.44m NWI |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 180 Girls 14-15 Triple Jump

| ===== | | | | | |
|-------|-------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 113 Bell, Tessa | 09 | Nanaimo & Di | 10.58m | NWI |
| 2 | 222 Wheatley, Nya | 09 | Unattached | 9.95m | NWI |
| 3 | 15 Chell, Kajsa | 09 | Athletics Vi | 9.62m | NWI |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 181 Boys 14-15 Triple Jump

| ===== | | | | | |
|-------|----------------------|------|--------------|--------|------|
| | Name | Year | Team | Finals | Wind |
| ===== | | | | | |
| 1 | 156 Kolen-Lee, Jonah | 10 | Nanaimo & Di | 10.36m | NWI |
| 2 | 26 Granson, Carter | 09 | Campbell Riv | 10.03m | NWI |
| 3 | 157 Luch, Ryan | 10 | Nanaimo & Di | 8.94m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 182 Women 16-17 Triple Jump

| ===== | | | | |
|-------|------|-----------------|-----------------|-----------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 65 | Blumel, Annette | 07 Cowichan Val | 7.94m NWI |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 184 Girls 10 Discus Throw 750 g

| ===== | | | |
|-------|------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 137 Reim, Adelyn | 14 Nanaimo & Di | 8.67m |
| -- | 40 Lewis, Emmy | 14 Comox Valley | FOUL |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 184 Girls 11 Discus Throw 750 g

| ===== | | | | |
|-------|-----------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 176 Atkinson, Abigail | 13 | Oceanside Tr | 15.16m |
| 2 | 177 Bewsey, Olivia | 13 | Oceanside Tr | 15.02m |
| 3 | 119 Cunning, Fiona | 13 | Nanaimo & Di | 14.45m |
| 4 | 184 Watson, Maya | 13 | Oceanside Tr | 12.45m |
| 5 | 2 Clarke, Cléo | 13 | Alberni Vall | 11.77m |
| 6 | 182 Provoost, Hannah | 13 | Oceanside Tr | 10.84m |
| 7 | 136 Reilly, Caylen | 13 | Nanaimo & Di | 9.92m |
| 8 | 180 Hunter, Matilda | 13 | Oceanside Tr | 9.46m |
| -- | 120 Dickson, Amelia | 13 | Nanaimo & Di | FOUL |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 185 Boys 10 Discus Throw 750 g

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 5 | Askerhaug Tordoya, | 14 Alberni Vall | 13.09m |
| 2 | 59 | Taylor, Jackson | 14 Comox Valley | 11.50m |
| 3 | 54 | Hoselton, Henry | 14 Comox Valley | 11.49m |
| 4 | 107 | Valastiak, Elijah | 14 Cowichan Val | 10.66m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 185 Boys 11 Discus Throw 750 g

| ===== | | | | |
|-------|------------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 185 Aikman - Heir, Kai | 13 | Oceanside Tr | 16.38m |
| 2 | 190 Donohoe, James | 13 | Oceanside Tr | 14.58m |
| 3 | 250 Baetz, Andrew | 13 | Oceanside Tr | 13.74m |
| 4 | 160 McCulloch, Alec | 13 | Nanaimo & Di | 12.57m |
| 5 | 89 Cheema, Bakshish | 13 | Cowichan Val | 12.54m |
| 6 | 151 Fontaine, Colten | 13 | Nanaimo & Di | 11.37m |
| 7 | 198 Walker, Wiley | 13 | Oceanside Tr | 11.12m |
| 8 | 193 Luksay, Thomas | 13 | Oceanside Tr | 9.74m |
| 9 | 52 Fiander, Finnley | 13 | Comox Valley | 9.32m |
| 10 | 90 Daigle, Sebastien | 13 | Cowichan Val | 9.14m |
| 11 | 197 Scott, Connor | 13 | Oceanside Tr | 8.32m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 186 Girls 12 Discus Throw 750 g

| ===== | | | |
|-------|---------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 71 Erickson, Sydnee | 12 Cowichan Val | 18.13m |
| 2 | 86 Wismer, Stella | 12 Cowichan Val | 14.24m |
| 3 | 20 Engel, Ivy | 12 Campbell Riv | 12.56m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 186 Girls 13 Discus Throw 750 g

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 21 | Granson, Kinley | 11 Campbell Riv | 18.06m |
| 2 | 48 | Van Zanden, Molly | 11 Comox Valley | 17.38m |
| 3 | 24 | MacKenzie, Makayla | 11 Campbell Riv | 16.96m |
| 4 | 179 | Hebb, Payton | 11 Oceanside Tr | 15.21m |
| 5 | 118 | Clarke, Rowan | 11 Nanaimo & Di | 14.39m |
| 6 | 111 | Argyle-Anderson, E | 11 Nanaimo & Di | 13.74m |
| 7 | 22 | Griffiths, Frankie | 11 Campbell Riv | 13.53m |
| 8 | 183 | Scott, Madison | 11 Oceanside Tr | 13.42m |
| 9 | 68 | De Cunha, Emma-Lin | 11 Cowichan Val | 13.39m |
| 10 | 84 | Valastiak, Alica | 11 Cowichan Val | 10.57m |
| 11 | 79 | Smith, Phoebe | 11 Cowichan Val | 8.12m |
| -- | 3 | Harvey, Payton | 11 Alberni Vall | FOUL |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 188 Boys 12 Discus Throw 1 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 100 Ramstead, Liam | 12 Cowichan Val | 11.28m |
| 2 | 56 Rose, Gavin | 12 Comox Valley | 10.44m |
| 3 | 188 Binder, Declan | 12 Oceanside Tr | 10.42m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 188 Boys 13 Discus Throw 1 kg

| ===== | | | | |
|-------|-----------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 143 Brand, Jonas | 11 | Nanaimo & Di | 16.57m |
| 2 | 101 Ramstead, Zachary | 11 | Cowichan Val | 12.67m |
| 3 | 168 Ryan, Ben | 11 | Nanaimo & Di | 11.73m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 189 Girls 14-15 Discus Throw 1 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 28 | Chase, Brooklyn | 10 Club Rapide | 25.85m |
| 2 | 131 | Moonsamy, Anishka | 09 Nanaimo & Di | 23.57m |
| 3 | 85 | Weir, Nevaeh | 09 Cowichan Val | 16.90m |
| 4 | 64 | Beaton, Arianna | 10 Cowichan Val | 15.20m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 190 Boys 14-15 Discus Throw 1 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 53 Galik, Benjamin | 10 Comox Valley | 29.15m |
| 2 | 96 Lazenby, Robert | 10 Cowichan Val | 21.72m |
| 3 | 108 Weir, Jacob | 10 Cowichan Val | 15.89m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 193 Women 16-17 Discus Throw 1 kg

| Name | Year | Team | Finals |
|----------------------|------|--------------|--------|
| 1 35 Galik, Gillian | 08 | Comox Valley | 29.50m |
| 2 130 McMinn, Annika | 07 | Nanaimo & Di | 20.64m |
| 3 76 Lazenby, Danika | 07 | Cowichan Val | 19.66m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 194 Men 16-17 Discus Throw 1.5 kg

| ===== | | |
|--------------------|-----------------|--------|
| Name | Year Team | Finals |
| ===== | | |
| 1 146 Dangar, Uday | 07 Nanaimo & Di | 24.27m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 195 Women 18-19 Discus Throw 1 kg

| ===== | | | |
|-------|------|-----------------|---------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 217 | McDougall, Ella | 06 Unattached |
| | | | 29.90m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 195 Women 20-34 Discus Throw 1 kg

| ===== | | | |
|-------|------|------------------|------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 67 | Dailey, Victoria | 03 Cowichan Val 19.58m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 195 Women 35-39 Discus Throw 1 kg

| ===== | | | |
|-------|------|-----------------|------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 70 | Erickson, Devyn | 88 Cowichan Val 29.64m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 197 Men 18-19 Discus Throw 1.75 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 153 | Hengstler, Connor | 05 Nanaimo & Di | 42.55m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 198 Men 20-34 Discus Throw 2 kg

| ===== | | |
|---------------------|-----------------|--------|
| Name | Year Team | Finals |
| ===== | | |
| 1 91 Dailey, Graeme | 04 Cowichan Val | 24.33m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 199 Men 50-59 Discus Throw 1.5 kg

| ===== | | | |
|-------|------|------------------|-----------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 17 | Vannini, Phillip | 74 Athletics Vi |
| | | | 36.06m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 202 Girls 13 Hammer Throw 3 kg

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 140 | Webber, Skyla | 11 Nanaimo & Di | 24.22m |
| 2 | 48 | Van Zanden, Molly | 11 Comox Valley | 20.58m |
| 3 | 247 | Lundman, Sofia | 11 Nanaimo & Di | 19.58m |
| 4 | 127 | Jeffries, Lila | 11 Nanaimo & Di | 19.12m |
| 5 | 123 | Gauthier, Lucia | 11 Nanaimo & Di | 18.31m |
| 6 | 24 | MacKenzie, Makayla | 11 Campbell Riv | 16.55m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 203 Boys 12 Hammer Throw 3 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 100 Ramstead, Liam | 12 Cowichan Val | 10.85m |
| 2 | 188 Binder, Declan | 12 Oceanside Tr | 10.80m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 203 Boys 13 Hammer Throw 3 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 101 | Ramstead, Zachary | 11 Cowichan Val | 18.38m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 205 Girls 14-15 Hammer Throw 3 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 209 | Brook, Shyla | 10 Unattached | 36.06m |
| 2 | 131 | Moonsamy, Anishka | 09 Nanaimo & Di | 26.26m |
| 3 | 64 | Beaton, Arianna | 10 Cowichan Val | 21.79m |
| 4 | 85 | Weir, Nevaeh | 09 Cowichan Val | 17.38m |
| 5 | 202 | Haynes, Rosie | 10 Peninsula Tr | 14.02m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 206 Boys 14-15 Hammer Throw 4 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 161 Miller, Mason | 09 Nanaimo & Di | 36.16m |
| 2 | 96 Lazenby, Robert | 10 Cowichan Val | 14.98m |
| 3 | 108 Weir, Jacob | 10 Cowichan Val | 12.39m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 207 Women 16-17 Hammer Throw 3 kg

| ===== | | | | |
|-----------|-----|-------------------|-----------------|--------|
| Name | | | | |
| Year Team | | | | |
| Finals | | | | |
| ===== | | | | |
| 1 | 34 | Doty-Brown, Payge | 07 Comox Valley | 43.16m |
| 2 | 130 | McMinn, Annika | 07 Nanaimo & Di | 41.50m |
| 3 | 117 | Bunston, Jenna | 07 Nanaimo & Di | 38.00m |
| 4 | 76 | Lazenby, Danika | 07 Cowichan Val | 25.96m |
| 5 | 19 | Alguire, Rachel | 08 Campbell Riv | 18.75m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 210 Women 18-19 Hammer Throw 4 kg

| ===== | | | | |
|-------|-----------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 135 Putz, Katelyn | 06 | Nanaimo & Di | 45.52m |
| 2 | 37 Hoffman, Elisabeth | 06 | Comox Valley | 39.31m |
| 3 | 36 Galik, Madelaine | 06 | Comox Valley | 37.61m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 212 Women 20-34 Hammer Throw 4 kg

| ===== | | | |
|-------|------|------------------|------------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 67 | Dailey, Victoria | 03 Cowichan Val 24.77m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 212 Women 35-39 Hammer Throw 4 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 43 | Richards, Jessica | 85 Comox Valley | 13.85m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 214 Women 55-59 Hammer Throw 3 kg

| ===== | | | |
|-------|-------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 18 Alguire, Cindy | 67 Campbell Riv | 14.22m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 215 Men 55-59 Hammer Throw 6 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 55 Morfitt, Graham | 67 Comox Valley | 37.58m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 219 Girls 10 Javelin Throw 400 g

| ===== | | | |
|-------|------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 137 Reim, Adelyn | 14 Nanaimo & Di | 8.68m |
| 2 | 73 Gaven, Ava | 14 Cowichan Val | 3.88m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 219 Girls 11 Javelin Throw 400 g

| ===== | | | | |
|-------|-----------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 182 Provoost, Hannah | 13 | Oceanside Tr | 15.18m |
| 2 | 120 Dickson, Amelia | 13 | Nanaimo & Di | 14.87m |
| 3 | 176 Atkinson, Abigail | 13 | Oceanside Tr | 14.17m |
| 4 | 177 Bewsey, Olivia | 13 | Oceanside Tr | 12.27m |
| 5 | 2 Clarke, Cléo | 13 | Alberni Vall | 9.29m |
| 6 | 72 Fikowski, Evan | 13 | Cowichan Val | 9.23m |
| 7 | 122 Gauthier, Georgia | 13 | Nanaimo & Di | 9.17m |
| 8 | 81 Tshibangu, Joyce | 13 | Cowichan Val | 8.77m |
| 9 | 184 Watson, Maya | 13 | Oceanside Tr | 8.49m |
| 10 | 180 Hunter, Matilda | 13 | Oceanside Tr | 7.61m |
| 11 | 136 Reilly, Caylen | 13 | Nanaimo & Di | 7.43m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 220 Boys 10 Javelin Throw 400 g

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 189 | Binder, Kaleb | 14 Oceanside Tr | 17.64m |
| 2 | 5 | Askerhaug Tordoya, | 14 Alberni Vall | 17.56m |
| 3 | 59 | Taylor, Jackson | 14 Comox Valley | 16.11m |
| 4 | 54 | Hoselton, Henry | 14 Comox Valley | 15.41m |
| 5 | 165 | Newstone, Chase | 14 Nanaimo & Di | 12.90m |
| 6 | 107 | Valastiak, Elijah | 14 Cowichan Val | 11.75m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 220 Boys 11 Javelin Throw 400 g

| Name | Year | Team | Finals |
|--------------------------|------|--------------|--------|
| 1 250 Baetz, Andrew | 13 | Oceanside Tr | 18.40m |
| 2 198 Walker, Wiley | 13 | Oceanside Tr | 18.06m |
| 3 190 Donohoe, James | 13 | Oceanside Tr | 17.05m |
| 4 193 Luksay, Thomas | 13 | Oceanside Tr | 15.23m |
| 5 160 McCulloch, Alec | 13 | Nanaimo & Di | 15.16m |
| 6 92 Fast, Xavier | 13 | Cowichan Val | 13.85m |
| 7 185 Aikman - Heir, Kai | 13 | Oceanside Tr | 13.26m |
| 8 151 Fontaine, Colten | 13 | Nanaimo & Di | 13.18m |
| 9 197 Scott, Connor | 13 | Oceanside Tr | 12.85m |
| 10 89 Cheema, Bakshish | 13 | Cowichan Val | 11.65m |
| 11 104 Tshibangu, Jason | 13 | Cowichan Val | 11.63m |
| 12 110 Wright, Logan | 13 | Cowichan Val | 10.67m |
| 13 52 Fiander, Finnley | 13 | Comox Valley | 9.29m |
| 14 90 Daigle, Sebastien | 13 | Cowichan Val | 8.32m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 221 Girls 12 Javelin Throw 400 g

| ===== | | | |
|-------|---------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 201 Barker, Daisy | 12 Peninsula Tr | 22.13m |
| 2 | 71 Erickson, Sydnee | 12 Cowichan Val | 17.60m |
| 3 | 138 Shimek, Jada | 12 Nanaimo & Di | 15.21m |
| 4 | 20 Engel, Ivy | 12 Campbell Riv | 10.27m |
| 5 | 181 Procter, Abbie | 12 Oceanside Tr | 6.91m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 221 Girls 13 Javelin Throw 400 g

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 21 | Granson, Kinley | 11 Campbell Riv | 20.13m |
| 2 | 125 | Hill, Katie | 11 Nanaimo & Di | 15.77m |
| 3 | 24 | MacKenzie, Makayla | 11 Campbell Riv | 14.26m |
| 4 | 66 | Cheema, Miri Liv | 11 Cowichan Val | 10.84m |
| 5 | 68 | De Cunha, Emma-Lin | 11 Cowichan Val | 10.82m |
| 6 | 79 | Smith, Phoebe | 11 Cowichan Val | 10.15m |
| 7 | 183 | Scott, Madison | 11 Oceanside Tr | 10.07m |
| 8 | 22 | Griffiths, Frankie | 11 Campbell Riv | 10.04m |
| 9 | 23 | Guthrie, Alivia | 11 Campbell Riv | 9.75m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 223 Boys 12 Javelin Throw 500 g

| ===== | | | | |
|-------|------|--------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 100 | Ramstead, Liam | 12 Cowichan Val | 19.30m |
| 2 | 56 | Rose, Gavin | 12 Comox Valley | 17.62m |
| 3 | 188 | Binder, Declan | 12 Oceanside Tr | 14.76m |
| 4 | 200 | Williamson, Rowan | 12 Oceanside Tr | 14.03m |
| 5 | 194 | O'Reilly, Waylin | 12 Oceanside Tr | 12.26m |
| 6 | 199 | Williamson, Dryden | 12 Oceanside Tr | 10.51m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 224 Girls 14-15 Javelin Throw 500 g

| ===== | | | |
|-------|-----------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 113 Bell, Tessa | 09 Nanaimo & Di | 23.01m |
| 2 | 64 Beaton, Arianna | 10 Cowichan Val | 16.36m |
| 3 | 131 Moonsamy, Anishka | 09 Nanaimo & Di | 15.81m |
| 4 | 233 Green, Kiyah | 10 Unattached B | 15.58m |
| 5 | 85 Weir, Nevaeh | 09 Cowichan Val | 15.42m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 225 Boys 14-15 Javelin Throw 600 g

| ===== | | | | |
|-------|------|------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 191 | Folk, Bowen | 09 Oceanside Tr | 40.43m |
| 2 | 156 | Kolen-Lee, Jonah | 10 Nanaimo & Di | 33.45m |
| 3 | 53 | Galik, Benjamin | 10 Comox Valley | 32.52m |
| 4 | 26 | Granson, Carter | 09 Campbell Riv | 27.29m |
| 5 | 96 | Lazenby, Robert | 10 Cowichan Val | 20.61m |
| 6 | 108 | Weir, Jacob | 10 Cowichan Val | 16.21m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 228 Women 16-17 Javelin Throw 500 g

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 35 | Galik, Gillian | 08 Comox Valley | 41.10m |
| 2 | 220 | Sutherland, Lucia | 08 Unattached | 30.88m |
| 3 | 46 | Stuve, Taelyn | 08 Comox Valley | 24.87m |
| 4 | 130 | McMinn, Annika | 07 Nanaimo & Di | 22.32m |
| 5 | 76 | Lazenby, Danika | 07 Cowichan Val | 20.12m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 229 Men 16-17 Javelin Throw 700 g

| ===== | | | |
|-------|---------------------|---------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 230 Nelson, Trenton | 08 Unattached | 18.90m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 231 Women 18-19 Javelin Throw 600 g

| ===== | | | |
|-------|-----------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 42 Munro, Akira | 05 Comox Valley | 36.23m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 232 Men 18-19 Javelin Throw 800 g

| ===== | | | |
|-------|-------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 60 U-Ming, Kayden | 06 Comox Valley | 56.44m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 234 Women 20-34 Javelin Throw 600 g

| ===== | | | |
|-------|---------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 67 Dailey, Victoria | 03 Cowichan Val | 26.82m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 235 Men 20-34 Javelin Throw 800 g

| ===== | | | |
|-------|-------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 91 Dailey, Graeme | 04 Cowichan Val | 36.03m |
| 2 | 152 Hall, Daniel | 02 Nanaimo & Di | 30.13m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 237 Men 55-59 Javelin Throw 700 g

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 55 Morfitt, Graham | 67 Comox Valley | 52.59m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 242 Girls 9 Year Olds Shot Put 2 kg

| ===== | | | |
|-------|---------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 77 Maccullough, Eva | 15 Cowichan Val | 1.72m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 245 Boys 9 Year Olds Shot Put 2 kg

| ===== | | | | |
|-------|------|-----------------|-----------------|-------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 88 | Cheema, Avtar | 15 Cowichan Val | 4.82m |
| 2 | 158 | Luch, Tyler | 15 Nanaimo & Di | 4.77m |
| 3 | 14 | Rogers, Henry | 15 Alberni Vall | 4.70m |
| 4 | 147 | Dickson, Marcus | 15 Nanaimo & Di | 3.68m |
| -- | 106 | Tweten, Jakob | 15 Cowichan Val | FOUL |
| -- | 186 | Barlow, Easton | 15 Oceanside Tr | FOUL |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 246 Girls 10 Shot Put 2 kg

| ===== | | | |
|-------|----------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 40 Lewis, Emmy | 14 Comox Valley | 4.01m |
| 2 | 73 Gaven, Ava | 14 Cowichan Val | 3.66m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 246 Girls 11 Shot Put 2 kg

| ===== | | | | |
|-------|------------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 132 Oyenuga, Imisioluw | 13 | Nanaimo & Di | 7.18m |
| 2 | 120 Dickson, Amelia | 13 | Nanaimo & Di | 6.71m |
| 3 | 182 Provoost, Hannah | 13 | Oceanside Tr | 6.39m |
| 4 | 81 Tshibangu, Joyce | 13 | Cowichan Val | 5.92m |
| 5 | 119 Cunning, Fiona | 13 | Nanaimo & Di | 5.14m |
| 6 | 180 Hunter, Matilda | 13 | Oceanside Tr | 5.03m |
| 6 | 184 Watson, Maya | 13 | Oceanside Tr | 5.03m |
| 8 | 176 Atkinson, Abigail | 13 | Oceanside Tr | 4.59m |
| 9 | 87 Wong, Poppy | 13 | Cowichan Val | 4.44m |
| 9 | 2 Clarke, Cléo | 13 | Alberni Vall | 4.44m |
| 11 | 83 Vaisius, Nadia | 13 | Cowichan Val | 4.20m |
| 12 | 82 Tyler, Lottie | 13 | Cowichan Val | 4.03m |
| 13 | 122 Gauthier, Georgia | 13 | Nanaimo & Di | 3.91m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 247 Boys 10 Shot Put 2 kg

| ===== | | | | |
|-------|------|--------------------|-----------------|-------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 189 | Binder, Kaleb | 14 Oceanside Tr | 7.95m |
| 2 | 175 | Webber, Israel | 14 Nanaimo & Di | 7.42m |
| 3 | 5 | Askerhaug Tordoya, | 14 Alberni Vall | 7.08m |
| 4 | 107 | Valastiak, Elijah | 14 Cowichan Val | 6.31m |
| 5 | 109 | Wismer, Niall | 14 Cowichan Val | 5.95m |
| 6 | 102 | Salmon, Jaden | 14 Cowichan Val | 5.13m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 247 Boys 11 Shot Put 2 kg

| ===== | | | | |
|-----------|-----|--------------------|-----------------|-------|
| Name | | | | |
| Year Team | | | | |
| Finals | | | | |
| ===== | | | | |
| 1 | 104 | Tshibangu, Jason | 13 Cowichan Val | 8.30m |
| 2 | 190 | Donohoe, James | 13 Oceanside Tr | 7.36m |
| 3 | 103 | Smith, Sebastian | 13 Cowichan Val | 7.06m |
| 4 | 185 | Aikman - Heir, Kai | 13 Oceanside Tr | 6.88m |
| 5 | 89 | Cheema, Bakshish | 13 Cowichan Val | 6.58m |
| 6 | 151 | Fontaine, Colten | 13 Nanaimo & Di | 6.31m |
| 7 | 90 | Daigle, Sebastien | 13 Cowichan Val | 6.15m |
| 8 | 94 | Jadan, Owen | 13 Cowichan Val | 5.19m |
| 9 | 193 | Luksay, Thomas | 13 Oceanside Tr | 5.06m |
| 10 | 97 | Maccullough, Jake | 13 Cowichan Val | 4.03m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 248 Girls 12 Shot Put 3 kg

| ===== | | | |
|-------|------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 138 Shimek, Jada | 12 Nanaimo & Di | 5.83m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 248 Girls 13 Shot Put 3 kg

| ===== | | | | |
|-----------|-----|--------------------|-----------------|-------|
| Name | | | | |
| Year Team | | | | |
| Finals | | | | |
| ===== | | | | |
| 1 | 21 | Granson, Kinley | 11 Campbell Riv | 6.03m |
| 2 | 127 | Jeffries, Lila | 11 Nanaimo & Di | 5.69m |
| 3 | 24 | MacKenzie, Makayla | 11 Campbell Riv | 5.65m |
| 4 | 216 | Luksay, Ally | 11 Unattached | 5.63m |
| 5 | 68 | De Cunha, Emma-Lin | 11 Cowichan Val | 5.10m |
| 6 | 247 | Lundman, Sofia | 11 Nanaimo & Di | 5.07m |
| 7 | 66 | Cheema, Miri Liv | 11 Cowichan Val | 4.78m |
| 8 | 23 | Guthrie, Alivia | 11 Campbell Riv | 3.79m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 249 Boys 12 Shot Put 3 kg

| ===== | | | | |
|-------|--------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 159 MacLeod, Iain | 12 | Nanaimo & Di | 5.49m |
| 2 | 56 Rose, Gavin | 12 | Comox Valley | 5.47m |
| 3 | 100 Ramstead, Liam | 12 | Cowichan Val | 5.25m |
| 4 | 188 Binder, Declan | 12 | Oceanside Tr | 4.91m |
| 5 | 13 Rogers, Casey | 12 | Alberni Vall | 4.82m |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 249 Boys 13 Shot Put 3 kg

| ===== | | | | |
|-------|------------------------|------|--------------|--------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 105 Tshibangu, Joeffre | 11 | Cowichan Val | 9.22m |
| 2 | 101 Ramstead, Zachary | 11 | Cowichan Val | 6.18m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 250 Girls 14-15 Shot Put 3 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|-------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 113 | Bell, Tessa | 09 Nanaimo & Di | 9.08m |
| 2 | 131 | Moonsamy, Anishka | 09 Nanaimo & Di | 8.46m |
| 3 | 28 | Chase, Brooklyn | 10 Club Rapide | 8.12m |
| 4 | 218 | Souchuck, Emma | 10 Unattached | 6.92m |
| 5 | 64 | Beaton, Arianna | 10 Cowichan Val | 6.90m |
| 6 | 85 | Weir, Nevaeh | 09 Cowichan Val | 6.11m |
| 7 | 219 | Stephens, Brea | 10 Unattached | 5.76m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 251 Boys 14-15 Shot Put 4 kg

| ===== | | | |
|-------|-------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 161 Miller, Mason | 09 Nanaimo & Di | 9.27m |
| 2 | 108 Weir, Jacob | 10 Cowichan Val | 6.38m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 252 Women 16-17 Shot Put 3 kg

| ===== | | | |
|-------|--------------------|-----------------|--------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 35 Galik, Gillian | 08 Comox Valley | 11.94m |
| 2 | 117 Bunston, Jenna | 07 Nanaimo & Di | 8.24m |
| 3 | 130 McMinn, Annika | 07 Nanaimo & Di | 7.58m |
| 4 | 19 Alguire, Rachel | 08 Campbell Riv | 5.74m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 253 Men 16-17 Shot Put 5 kg

| ===== | | | |
|-------|------|--------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 146 | Dangar, Uday | 07 Nanaimo & Di 7.72m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 255 Women 18-19 Shot Put 4 kg

| ===== | | | |
|-------|------|-----------------|---------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 217 | McDougall, Ella | 06 Unattached 6.78m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 256 Men 18-19 Shot Put 6 kg

| ===== | | | | |
|-------|------|-------------------|-----------------|--------|
| Name | Year | Team | Finals | |
| ===== | | | | |
| 1 | 153 | Hengstler, Connor | 05 Nanaimo & Di | 14.92m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 257 Women 20-34 Shot Put 4 kg

| ===== | | | |
|-------|------|------------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 67 | Dailey, Victoria | 03 Cowichan Val 7.71m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 257 Women 35-39 Shot Put 4 kg

| ===== | | | |
|-------|------|-----------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 70 | Erickson, Devyn | 88 Cowichan Val 9.59m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 258 Men 20-34 Shot Put 7.26 kg

| ===== | | | |
|-------|------|----------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 91 | Dailey, Graeme | 04 Cowichan Val 8.35m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 259 Women 55-59 Shot Put 3 kg

| ===== | | | |
|-------|------|----------------|-----------------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 18 | Alguire, Cindy | 67 Campbell Riv 7.06m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 260 Men 50-54 Shot Put 6 kg

| ===== | | | |
|-------|------|------------------|-----------------|
| Name | Year | Team | Finals |
| ===== | | | |
| 1 | 17 | Vannini, Phillip | 74 Athletics Vi |
| | | | 11.06m |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 307 Women 18-19 200 Meter Dash

| ===== | | | | |
|-------|------|------------------|-----------------|------------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 63 | Avigni, Ludovica | 06 Cowichan Val | 25.81 -0.8 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 307 Women 50-54 200 Meter Dash

| ===== | | | | | | |
|-------|------|----------------|--------|--------------|-------|------|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 124 | Gilbert, Laura | 73 | Nanaimo & Di | 28.96 | -0.8 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 308 Men 18-19 200 Meter Dash

| ===== | | | | |
|-------|------|---------------|-----------------|------------|
| Name | Year | Team | Finals | Wind |
| ===== | | | | |
| 1 | 12 | Robinson, Jax | 06 Alberni Vall | 23.84 -0.4 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 308 Men 40-44 200 Meter Dash

| ===== | | | | |
|-------|-------------------|------|--------------|-------------|
| | Name | Year | Team | Finals Wind |
| ===== | | | | |
| 1 | 95 Jadan, Patrick | 84 | Cowichan Val | 28.19 -0.4 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 308 Men 45-49 200 Meter Dash

| ===== | | | | |
|-------|------------------|------|--------------|-------------|
| | Name | Year | Team | Finals Wind |
| ===== | | | | |
| 1 | 235 Hanes, Colin | 77 | Unattached B | 29.41 -0.4 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 308 Men 50-54 200 Meter Dash

| ===== | | | | |
|-------|----------------|------|--------------|-------------|
| | Name | Year | Team | Finals Wind |
| ===== | | | | |
| 1 | 164 Myint, Win | 74 | Nanaimo & Di | 27.23 -0.4 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 310 Women 18-19 800 Meter Run

| ===== | | | |
|-------|---------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 36 Galik, Madelaine | 06 Comox Valley | 2:47.20 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 311 Men 18-19 800 Meter Run

| ===== | | | | |
|-------|------------------------|------|--------------|---------|
| | Name | Year | Team | Finals |
| ===== | | | | |
| 1 | 149 Doniol-Valcroze, V | 06 | Nanaimo & Di | 2:08.96 |
| 2 | 162 Morrison, Nicholas | 06 | Nanaimo & Di | 2:09.27 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 332 Women 16-17 400 Meter Hurdles 10 x 30"

| ===== | | | |
|-------|----------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 51 Zaal, Kylie | 08 Comox Valley | 1:17.19 |

**2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results**

Event 339 Women 16-17 5000 Meter Race Walk

| ===== | | | |
|-------|--------------------|-----------------|----------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 65 Blumel, Annette | 07 Cowichan Val | 34:35.71 |
| 2 | 214 Karaim, Miley | 08 Unattached | 35:33.26 |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 348 Men 75-79 Triple Jump

| ===== | | | | | | |
|-------|------|-----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 148 | Donaldson, Sven | 49 | Nanaimo & Di | 6.34m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 348 Men 85-89 Triple Jump

| ===== | | | | | | |
|-------|------|----------------|--------|--------------|-------|-----|
| Name | Year | Team | Finals | Wind | | |
| ===== | | | | | | |
| 1 | 236 | Thompson, Lynn | 39 | Unattached B | 6.97m | NWI |

2023 Bob Dailey
Port Alberni - 4/20/2024 to 4/21/2024
Results

Event 364 Boys 12-13 2000 Meter Run

| ===== | | | |
|-------|--------------------|-----------------|---------|
| | Name | Year Team | Finals |
| ===== | | | |
| 1 | 205 Holmgren, Coen | 11 Peninsula Tr | 6:41.67 |
| 2 | 9 Masa, Austin | 12 Alberni Vall | 8:05.71 |
| 3 | 13 Rogers, Casey | 12 Alberni Vall | 8:29.98 |